

Benedicts

SERVED WITH POTATOES OR GRITS

CLASSIC 11.75

Two Poached Eggs on an English Muffin with Canadian Bacon, topped with Hollandaise Sauce

FLORENTINE 12.75

Two Poached Eggs on an English Muffin with Canadian Bacon, Spinach & Feta Cheese, topped with Hollandaise Sauce

GUACAMOLE 13.25

Two Poached Eggs on an English Muffin with Canadian Bacon, Spicy Guacamole & Melted Swiss Cheese, topped with Hollandaise Sauce

SALMON LOX 14.25

Two Poached Eggs on an English Muffin with Lox, topped with Hollandaise Sauce

SUBSTITUTE TURKEY SAUSAGE OR TURKEY BACON .75¢ EXTRA
SUBSTITUTE FRESH FRUIT SALAD INSTEAD OF POTATOES \$2.00 EXTRA

Specialties

- IRISH BREAKFAST** Two Eggs, Any Style, Irish Sausage, Irish Bacon, Black Pudding & Grilled Tomatoes, served with Potatoes or Grits & Toast14.95
- HUNGRY MAN** French Toast with Ham, Bacon, Sausage & Two Eggs12.95
- LUMBERJACK** Three Pancakes with Ham, Bacon, Sausage & Two Eggs12.95
- BREAKFAST BURRITO** Scrambled Eggs, Ham, Onions, Peppers, Salsa & Monterey Jack Cheese, wrapped in a Flour Tortilla, served with Home Fries ...12.95
- BREAKFAST WRAP** Scrambled Eggs, Taylor Ham, Cheddar Cheese & Jalapeños, served with Home Fries ...11.95
- AVOCADO, WHITE MEAT TURKEY & SWISS CHEESE OMELETTE**, served with Home Fries & Toast12.75
- MEXICAN BURRITO** Egg Whites, Avocado, Turkey Bacon & Jalapeños on Whole Wheat Tortilla, served with Home Fries 13.25
with Monterey Jack Cheese14.25
- MONTE CRISTO** Challah French Toast, Grilled Ham, White Meat Turkey & Melted Swiss Cheese11.75
- MONTE BIANCCO OMELETTE** Portabella Mushrooms, Tomatoes & Fresh Mozzarella, served with Home Fries & Toast ...11.75

Eggs & Meats

SERVED WITH POTATOES OR GRITS & TOAST

- ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA • EXTRA EGG 1.25 EXTRA
ALL EGG WHITES 2.00 EXTRA • GOAT CHEESE OR FETA CHEESE 1.25 EXTRA
- TWO EGGS**, Any Style6.85
with Ham, Bacon, Sausage, Turkey Sausage,
Turkey Bacon, Canadian Bacon or Taylor Ham .9.85
- CORNED BEEF HASH & EGGS**12.75

Omelettes

- SERVED WITH POTATOES OR GRITS & TOAST • ADD ANY CHEESE 1.00 EXTRA
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA • ALL EGG WHITES 2.00 EXTRA
- ITALIAN OMELETTE** Italian Sausage, Peppers, Onions, Tomatoes, Mushrooms & Mozzarella Cheese11.75
- VEGETARIAN OMELETTE** Spinach, Broccoli, Tomatoes & Mushrooms11.75
- MEXICAN OMELETTE** Tomatoes, Onions, Jalapeños & Monterey Jack Cheese12.75
- GREEK OMELETTE** Feta Cheese & Tomato11.75
- WESTERN OMELETTE** Ham, Onions & Peppers10.75
- NOVA LOX & ONION OMELETTE**13.75
- COLORADO OMELETTE** Ham, Bacon, Sausage, Cheddar & Pepper Jack Cheese12.75
- CALIFORNIA OMELETTE** Avocado, Mushrooms & Cheddar Cheese12.75
- SANTA FE OMELETTE** Chicken, Turkey Bacon, Jalapeños, Tomatoes, Onions & Monterey Jack Cheese12.75
- CHEESE OMELETTE** Choice of American, Swiss, Jack or Provolone Cheese8.75
- HAM & CHEESE OMELETTE**10.95

Healthy Start Omelettes

- SERVED WITH SLICED TOMATOES, STEAMED BROCCOLI OR FRESH FRUIT SALAD
- SIMPLE EGG WHITE OMELETTE**10.95
- PORTABELLA** Egg Whites, Broccoli & Portabella Mushrooms 13.75
- ATHENIAN** Egg Whites, Feta Cheese, Tomatoes, Onions & Spinach13.75
- ENERGY BREAKFAST** Egg Whites, Grilled Chicken, Mushrooms, Tomatoes & Spinach13.75
- PROTEIN** All Egg Whites with Grilled Chicken or Turkey & 7 Grain Bread14.75

Super Specials

Available Monday thru Friday From 6:00 am to 11:00 am

SERVED WITH CHOICE OF JUICE & COFFEE OR TEA

- #1. TWO EGGS** 8.35
with Home Fries or Grits & Toast
Add Bacon, Ham or Sausage 10.75
- #4. BELGIAN WAFFLE** 8.65
Powdered Sugar, Butter & Syrup
Add Bacon, Ham or Sausage 11.95
- #7. L.E.O. OMELETTE** 13.95
with Lox & Onions,
Home Fries or Grits & Toast
- #10. FARMERS OMELETTE** 11.95
Broccoli, Mushrooms, Spinach & Tomato
with Home Fries or Grits & Toast
- #13. EGGS BENEDICT** 11.95
Two Poached Eggs, served on an
English Muffin with Canadian Bacon,
topped with Hollandaise Sauce
- #2. SHORT STACK PANCAKES** 7.25
(Regular or Whole Wheat)
with Choice of: Banana, Chocolate Chips
or Berries with Butter & Syrup 10.55
- #5. CORNED BEEF HASH & EGGS** 11.95
with Home Fries or Grits & Toast
- #8. TWO PANCAKES** 10.35
with One Egg & Bacon or Sausage
- #11. EGG WHITES** 9.75
with Home Fries, Grits
or Sliced Tomato & Toast
- #14. MEXICAN BURRITO** 13.95
Egg Whites, Avocado, Turkey Bacon
& Jalapeños on Whole Wheat Tortilla
- #3. GOLDEN BROWN PANCAKES
OR FRENCH TOAST** 8.65
with Butter & Syrup
Add Bacon, Ham or Sausage 11.95
- #6. ANY CHEESE OMELETTE** 8.95
with Home Fries or Grits & Toast
- #9. MEDITERRANEAN
OMELETTE** 11.95
Spinach, Feta Cheese & Tomato,
with Home Fries or Grits & Toast
- #12. EGG WHITE OMELETTE** 11.95
with Turkey, Spinach
& Swiss Cheese & Toast
- #15. STEEL CUT OATMEAL** 6.95
Banana 1.00 Extra
Strawberries or Blueberries 2.00 Extra

Pancakes

SINCE 1931, OUR BUTTERMILK BATTER IS MADE FRESH EACH MORNING • SERVED WITH BUTTER & SYRUP
 REAL MAPLE SYRUP 1.50 EXTRA • ADD TWO EGGS 2.50 EXTRA • ADD ANY BREAKFAST MEAT 3.00 EXTRA

OLD FASHIONED BUTTERMILK PANCAKES 8.35
 Made with the Same Family Recipe

TURTLE PANCAKES 11.95
 with Chocolate Chips, Pecans & Bananas,
 topped with Whipped Cream & Caramel Sauce

SHORT STACK OF BUTTERMILKS 7.65
 Our Famous Buttermilks for a Lighter Appetite

7 GRAIN PANCAKES 8.35

CHOCOLATE CHIP PANCAKES 11.95
 Buttermilks baked with Chocolate Chips & topped with
 Whipped Cream, Chocolate Sauce & Cocoa Powder

OREO COOKIE PANCAKES 12.95
 Buttermilks baked with Oreo Cookies inside
 & topped with Oreo Cookies, Vanilla Ice Cream,
 Chocolate Sauce & Whipped Cream

FRESH FRUIT PANCAKES 10.95
 Filled with Fresh Strawberries, Blueberries & Bananas,
 topped with Whipped Cream

CHUNKY MONKEY PANCAKES 11.65
 Filled with Chocolate Chips & Bananas,
 topped with Whipped Cream

SILVER DOLLARS 8.35
 Miniaturized Buttermilk Pancakes

OATMEAL ALMOND PANCAKES 9.35
 with Bananas & Walnuts 11.65

NUTELLA PANCAKES 11.95
 Buttermilks topped with Fresh Bananas, Strawberries
 & Nutella Hazelnut Spread



French Toast

FRESH BAKED CHALLAH BREAD DOUBLE DIPPED
 IN OUR HOMEMADE MILK & EGG BATTER

- CLASSIC FRENCH TOAST**
 dusted with Powdered Sugar & Cinnamon8.35
- BANANA WALNUT** topped with Fresh Banana Slices,
 Walnuts & Whipped Cream11.25
- CINNAMON RAISIN**
 stuffed with Raisins, Powdered Sugar & Cinnamon8.95
- JERSEY FRENCH TOAST** Taylor Ham,
 Two Fried Eggs & American Cheese between
 Two Pieces of French Toast12.95
- OLD FASHIONED FRENCH TOAST** Four Slices of
 Your Choice: Whole Wheat, White or 7-Grain Bread8.35

Cereal

- COLD CEREAL** with Milk4.75
- OATMEAL**5.25
- RAISINS 1.00 EXTRA • BANANA 1.25 EXTRA • FRESH BERRIES 2.75 EXTRA

Side Orders

- BACON, HAM or SAUSAGE**5.95
- CANADIAN BACON or TAYLOR HAM**6.25
- CORNED BEEF HASH**6.50
- TURKEY BACON or TURKEY SAUSAGE**6.25
- HOME FRIES or GRITS**5.45
- SIDE OF LOX**8.25

Belgian Waffles

- BELGIAN WAFFLE** Sweet & Delicious Golden Original ...8.35
- FRESH FRUIT WAFFLE** topped with Fresh Strawberries,
 Blueberries, Bananas & Whipped Cream11.95
- BANANA WALNUT WAFFLE** topped with Fresh
 Banana Slices, Walnuts & Whipped Cream11.95
- NUTELLA WAFFLE** topped with Fresh Strawberries,
 Bananas & Nutella Hazelnut Spread11.95

Sandwiches

- TWO EGGS on a Roll**4.25
- with Cheese**5.25
- with Cheese & Any Breakfast Meat**6.75
- WESTERN EGG on a Roll**5.95
- PEANUT BUTTER & JELLY SANDWICH**
 on 7 Grain Bread4.95

Children's Menu

FOR CHILDREN 10 YEARS OR YOUNGER • NOT AVAILABLE FOR TAKE-OUT • SERVED WITH MILK OR JUICE

- PANCAKE (1)**5.95 • with (1) Egg 6.95
- CHOCOLATE CHIP PANCAKE (1)** .6.95 • with (1) Egg 7.95
- FRENCH TOAST (1)**5.95 • with (1) Egg 6.95
- TWO SCRAMBLED EGGS** (No Potatoes, No Toast) ..5.95

JOIN US FOR OUR
**WEEKEND
CHAMPAGNE
BRUNCH**

SATURDAYS & SUNDAYS
11:00 AM TO 4:00 PM



Includes:
FRESH FRUIT SALAD or COCKTAIL,
(Bloody Mary, Mimosa or Screwdriver)
COFFEE or TEA
& HOMEMADE RAISIN BREAD PUDDING





GK Smoothies 7.95

BANANA BERRY

Banana, Strawberries, Blueberries,
Greek Yogurt & Almond Milk

TROPICANA

Banana, Blueberries, Strawberries & Orange Juice

APPLE BERRY

Banana, Strawberries & Apple Juice

GREEN TEA MATCHA

Green Tea Matcha, Chia Seeds, Banana,
Pineapple & Almond Milk

BLUEBERRY BLAST

Blueberries, Banana, Almond Butter,
Chia Seeds & Almond Milk

GREEN POWER

Spinach, Banana, Pineapple & Almond Milk

PB PROTEIN

Peanut Butter, Banana & Almond Milk

ALMOND DELIGHT

Almond Butter, Banana, Sliced Almonds,
Coconut & Almond Milk

TRADITIONAL CREAMSICLE

Fresh Squeezed Orange Juice with Vanilla Ice Cream

Fruits & Juices

FRESH FRUIT SALAD	6.75
FRESH BERRIES	6.75
CANTALOUPE	5.75
with Cottage Cheese	7.95
HALF GRAPEFRUIT	3.95
ORANGE JUICE	Sm. 3.95 • Lg. 5.75
ASSORTED FRUIT JUICES	Sm. 3.65 • Lg. 4.85

GREEK YOGURT BREAKFAST

PLAIN GREEK YOGURT 6.95

with Granola 8.75

with Walnuts & Honey 10.95

GREEK YOGURT PARFAIT 12.75

Topped with Fresh Berries, Granola & Honey

Pastries

ASSORTED DANISH	2.75
JUMBO MUFFIN or POUND CAKE	2.75
ROLL or BIALY	2.25
ENGLISH MUFFIN or TOAST	2.25
CROISSANT	2.25
H&H BAGEL	2.35

START YOUR DAY WITH COFFEE & A BAGEL



BAGEL with Butter	3.75
BAGEL with Cream Cheese	4.75
EGG & CHEESE on a Bagel	6.95
with Any Breakfast Meat	7.95
BAGEL, LOX & CREAM CHEESE	9.95
BAGEL DELUXE with Nova Scotia Lox, Onion, Cream Cheese & Garnish	13.85

~ Cup of Coffee Included with Above ~

Fresh Brewed Coffee

FREE REFILL!



Hot Drinks

HOT CHOCOLATE with Whipped Cream	3.25
COFFEE or TEA (Regular or Decaf)	2.25
HERBAL TEA From Our Wide Selection	2.75
CAFE MOCHA	3.95
CAFE LATTE	4.25
CAPPUCCINO	4.25
ESPRESSO	3.00
DOUBLE ESPRESSO	4.50

Cold Drinks

MILK (Regular or Skim)	2.95
CHOCOLATE MILK	3.95
ICED COFFEE or ICED TEA (Unsweetened)	2.75
ICED CAPPUCCINO	4.25
MINERAL WATER	2.25
SAN PELLEGRINO / PERRIER	2.95
SNAPPLE	2.75
SOFT DRINKS Coke, Diet Coke, 7 Up, Ginger Ale, Root Beer or Club Soda	2.50