

Benedicts

SERVED WITH POTATOES OR GRITS

CLASSIC 12.95

Two Poached Eggs on an English Muffin with Canadian Bacon, topped with Hollandaise Sauce

FLORENTINE 13.95

Two Poached Eggs on an English Muffin with Canadian Bacon, Spinach & Feta Cheese, topped with Hollandaise Sauce

GUACAMOLE 14.95

Two Poached Eggs on an English Muffin with Canadian Bacon, Spicy Guacamole & Melted Swiss Cheese, topped with Hollandaise Sauce

SALMON LOX 15.95

Two Poached Eggs on an English Muffin with Lox, topped with Hollandaise Sauce

SUBSTITUTE TURKEY SAUSAGE OR TURKEY BACON .75¢ EXTRA
SUBSTITUTE FRESH FRUIT SALAD INSTEAD OF POTATOES \$2.00 EXTRA



Specialties

- IRISH BREAKFAST** Two Eggs, Any Style, Irish Sausage, Irish Bacon, Black Pudding & Grilled Tomatoes, served with Potatoes or Grits & Toast16.95
- HUNGRY MAN** French Toast with Ham, Bacon, Sausage & Two Eggs14.95
- LUMBERJACK** Three Pancakes with Ham, Bacon, Sausage & Two Eggs14.95
- BREAKFAST BURRITO** Scrambled Eggs, Ham, Onions, Peppers, Salsa & Monterey Jack Cheese, wrapped in a Flour Tortilla, served with Home Fries13.95
- BREAKFAST WRAP** Scrambled Eggs, Taylor Ham, Cheddar Cheese & Jalapeños, served with Home Fries ..13.95
- AVOCADO, WHITE MEAT TURKEY & SWISS CHEESE OMELETTE**, served with Home Fries & Toast15.95
- MEXICAN BURRITO** Egg Whites, Avocado, Turkey Bacon & Jalapeños on Whole Wheat Tortilla, served with Home Fries 14.95
- with Monterey Jack Cheese**15.95
- MONTE CRISTO** Challah French Toast, Grilled Ham, White Meat Turkey & Melted Swiss Cheese12.95
- MONTE BIANCCO OMELETTE** Portabella Mushrooms, Tomatoes & Fresh Mozzarella, served with Home Fries & Toast ...14.95

Bagels

- H&H BAGEL**2.95
- BAGEL with CREAM CHEESE**4.95
- BAGEL with LOX**10.95
- BAGEL, LOX & CREAM CHEESE**12.95
- BAGEL DELUXE** with Nova Scotia Lox, Onion, Cream Cheese & Garnish15.75

Eggs & Meats

SERVED WITH POTATOES OR GRITS & TOAST

- ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA • EXTRA EGG 1.25 EXTRA
ALL EGG WHITES 2.00 EXTRA • GOAT CHEESE OR FETA CHEESE 1.25 EXTRA
- TWO EGGS, Any Style**8.25
- with Ham, Bacon, Sausage, Turkey Sausage, Turkey Bacon, Canadian Bacon or Taylor Ham** 12.25
- CORNED BEEF HASH & EGGS**13.75
- ROUMANIAN STEAK & EGGS**20.95

Omelettes

- SERVED WITH POTATOES OR GRITS & TOAST • ADD ANY CHEESE 1.00 EXTRA
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA • ALL EGG WHITES 2.00 EXTRA
- ITALIAN OMELETTE** Italian Sausage, Peppers, Onions, Tomatoes, Mushrooms & Mozzarella Cheese14.95
- VEGETARIAN OMELETTE** Spinach, Broccoli, Tomatoes & Mushrooms14.95
- MEXICAN OMELETTE** Tomatoes, Onions, Jalapeños & Monterey Jack Cheese15.95
- GREEK OMELETTE** Feta Cheese & Tomato13.95
- WESTERN OMELETTE** Ham, Onions & Peppers12.75
- NOVA LOX & ONION OMELETTE**14.95
- COLORADO OMELETTE** Ham, Bacon, Sausage, Cheddar & Pepper Jack Cheese13.95
- CALIFORNIA OMELETTE** Avocado, Mushrooms & Cheddar Cheese15.95
- SANTA FE OMELETTE** Chicken, Turkey Bacon, Jalapeños, Tomatoes, Onions & Monterey Jack Cheese14.95
- CHEESE OMELETTE** Choice of American, Swiss, Jack or Provolone Cheese11.95
- HAM & CHEESE OMELETTE**13.95

Healthy Start Omelettes

- SERVED WITH SLICED TOMATOES, STEAMED BROCCOLI OR FRESH FRUIT SALAD
- SIMPLE EGG WHITE OMELETTE**11.75
- PORTABELLA** Egg Whites, Broccoli & Portabella Mushrooms 14.95
- ATHENIAN** Egg Whites, Feta Cheese, Tomatoes, Onions & Spinach14.95
- ENERGY BREAKFAST** Egg Whites, Grilled Chicken, Mushrooms, Tomatoes & Spinach15.95
- PROTEIN** All Egg Whites with Grilled Chicken or Turkey & 7 Grain Bread15.95

Greek Yogurt Breakfast

- PLAIN GREEK YOGURT** 6.95
with Granola 8.75
with Walnuts & Honey 10.95

- GREEK YOGURT PARFAIT** 12.75
Topped with Fresh Berries, Granola & Honey

Pastries

- ASSORTED DANISH**3.25
- JUMBO MUFFIN**2.75
- POUND CAKE**3.25
- ROLL or BIALY**2.95
- ENGLISH MUFFIN or TOAST**2.95
- CROISSANT**2.95

Pancakes

SINCE 1931, OUR BUTTERMILK BATTER IS MADE FRESH EACH MORNING • SERVED WITH BUTTER & SYRUP
 REAL MAPLE SYRUP 1.50 EXTRA • ADD TWO EGGS 2.50 EXTRA • ADD ANY BREAKFAST MEAT 4.00 EXTRA

OLD FASHIONED BUTTERMILK PANCAKES 8.95
Made with the Same Family Recipe

FRESH FRUIT PANCAKES 12.95
*Filled with Fresh Strawberries, Blueberries & Bananas,
 topped with Whipped Cream*

TURTLE PANCAKES 12.95
*with Chocolate Chips, Pecans & Bananas,
 topped with Whipped Cream & Caramel Sauce*

CHUNKY MONKEY PANCAKES 12.95
*Filled with Chocolate Chips & Bananas,
 topped with Whipped Cream*

SHORT STACK OF BUTTERMILKS 6.95
Our Famous Buttermilks for a Lighter Appetite

SILVER DOLLARS 8.95
Miniaturized Buttermilk Pancakes

7 GRAIN PANCAKES 8.95

OATMEAL ALMOND PANCAKES 10.95
with Bananas & Walnuts 12.95

CHOCOLATE CHIP PANCAKES 12.95
*Buttermilks baked with Chocolate Chips & topped with
 Whipped Cream, Chocolate Sauce & Cocoa Powder*

NUTELLA PANCAKES 12.95
*Buttermilks topped with Fresh Bananas, Strawberries
 & Nutella Hazelnut Spread*

OREO COOKIE PANCAKES 12.95
*Buttermilks baked with Oreo Cookies inside & topped with Oreo Cookies,
 Vanilla Ice Cream, Chocolate Sauce & Whipped Cream*

French Toast

FRESH BAKED CHALLAH BREAD DOUBLE DIPPED
 IN OUR HOMEMADE MILK & EGG BATTER

CLASSIC FRENCH TOAST

dusted with Powdered Sugar & Cinnamon8.95

BANANA WALNUT *topped with Fresh Banana Slices,
 Walnuts & Whipped Cream12.95*

CINNAMON RAISIN

stuffed with Raisins, Powdered Sugar & Cinnamon9.95

JERSEY FRENCH TOAST

*aylor Ham, Two Fried Eggs & American Cheese
 between Two Pieces of French Toast12.95*

OLD FASHIONED FRENCH TOAST

*Four Slices of
 Your Choice: Whole Wheat, White or 7-Grain Bread8.95*



Belgian Waffles

BELGIAN WAFFLE *Sweet & Delicious Golden Original . . .8.95*

FRESH FRUIT WAFFLE *topped with Fresh Strawberries,
 Blueberries, Bananas & Whipped Cream13.95*

BANANA WALNUT WAFFLE *topped with Fresh
 Banana Slices, Walnuts & Whipped Cream13.95*

NUTELLA WAFFLE *topped with Fresh Strawberries,
 Bananas & Nutella Hazelnut Spread13.95*

Cereal

COLD CEREAL *with Milk5.25*

OATMEAL5.95

RAISINS 1.00 EXTRA • BANANA 1.25 EXTRA • FRESH BERRIES 2.75 EXTRA

Sandwiches

TWO EGGS on a Roll4.95
with Cheese5.95

with Cheese & Any Breakfast Meat6.95
WESTERN EGG on a Roll5.95

PEANUT BUTTER & JELLY SANDWICH
on 7 Grain Bread4.95

Side Orders

BACON, HAM or SAUSAGE6.25

CANADIAN BACON or TAYLOR HAM6.45

CORNED BEEF HASH7.25

TURKEY BACON or TURKEY SAUSAGE6.45

HOME FRIES or GRITS5.75

SIDE OF LOX9.25

GK Smoothies 7.95

BANANA BERRY

Banana, Strawberries, Blueberries,
Greek Yogurt & Almond Milk

TROPICANA

Banana, Blueberries, Strawberries & Orange Juice

APPLE BERRY

Banana, Strawberries & Apple Juice

GREEN TEA MATCHA

Green Tea Matcha, Chia Seeds, Banana,
Pineapple & Almond Milk

BLUEBERRY BLAST

Blueberries, Banana, Almond Butter,
Chia Seeds & Almond Milk

GREEN POWER

Spinach, Banana, Pineapple & Almond Milk

PB PROTEIN

Peanut Butter, Banana & Almond Milk

ALMOND DELIGHT

Almond Butter, Banana, Sliced Almonds,
Coconut & Almond Milk



Fruits & Juices

FRESH FRUIT SALAD	7.25
FRESH BERRIES	7.25
CANTALOUPE	7.25
with Cottage Cheese	9.25
HALF GRAPEFRUIT	4.95
FRESH LEMONADE	4.25
ORANGE JUICESm. 3.95 • Lg. 5.75	
ASSORTED FRUIT JUICESSm. 3.65 • Lg. 4.85	

Milk Shakes

TOPPED WITH WHIPPED CREAM

VANILLA, CHOCOLATE or STRAWBERRY	6.75
BLACK & WHITE Vanilla Ice Cream with Chocolate Syrup	6.75
NUTTY BANANA Vanilla Ice Cream, Fresh Bananas & Peanut Butter	8.25
OREO BLAST Vanilla Ice Cream with Lots of Oreo Cookies	7.25
BANANA NUTELLA Vanilla Ice Cream with Fresh Bananas & Nutella	8.25
BERRY BERRY Strawberry Ice Cream with Fresh Mixed Berries	8.25
TRADITIONAL CREAMSICLE Fresh Squeezed Orange Juice with Vanilla Ice Cream	7.95

Fountain Delights

ICE CREAM Vanilla, Chocolate or Strawberry	1 Scoop 4.25 • 2 Scoops 6.75
ICE CREAM SODA or ROOT BEER FLOAT	5.25
BANANA SPLIT Ice Cream, Banana & Chocolate Syrup with Whipped Cream & Walnuts	11.75

ICE CREAM SUNDAE with Whipped Cream, Chocolate Syrup & Walnuts	8.75
CHOCOLATE BROWNIE ROYALE Ice Cream, Whipped Cream, Walnuts & Caramel Sauce	8.95
N.Y. EGG CREAM	3.25

Tempting Desserts

OREO CHEESECAKE	6.95
CHEESECAKE	6.75
with Strawberries	7.25
SEVEN LAYER CAKE	6.75
GERMAN CHOCOLATE CAKE	6.75
CARROT CAKE	6.75
CHOCOLATE MOUSSE CAKE	6.75
LEMON COCONUT CAKE	6.75

GREEK BAKLAVA	6.75
ASSORTED CUPCAKES	2.75
CHOCOLATE CREAM PIE	5.75
FRUIT PIES4.95 • Ala Mode	7.95
LEMON MERINGUE PIE	6.75
CHOCOLATE BROWNIE	4.25
FRUIT JELLO	3.50
JUMBO COOKIE	3.25

Cold Drinks

MILK (Regular or Skim)	2.95
CHOCOLATE MILK	3.95
ICED COFFEE OR ICED TEA (Unsweetened)	2.75
ICED CAPPUCCINO	3.95
MINERAL WATER	2.50
SAN PELLEGRINO / PERRIER	3.25
SNAPPLE	2.95
SOFT DRINKS Coke, Diet Coke, 7 Up, Ginger Ale, Root Beer or Club Soda	2.75

Hot Drinks

HOT CHOCOLATE with Whipped Cream	3.25
COFFEE or TEA (Regular or Decaf)	2.25
HERBAL TEA From Our Wide Selection	2.75
CAFE MOCHA	3.95
CAFE LATTE	3.95
CAPPUCCINO	3.95
ESPRESSO	3.00
DOUBLE ESPRESSO	4.50

Starters

- CHICKEN FINGERS** with Honey Mustard11.75
BUFFALO STYLE CHICKEN FINGERS
 with Bleu Cheese12.95
LOADED CHICKEN FINGERS
 topped with Mozzarella Cheese & Brown Gravy ..13.95
 ADD FRENCH FRIES TO ANY ABOVE CHICKEN FINGERS \$4.00 EXTRA
BAKED MACARONI & CHEESE9.95
STUFFED GRAPE LEAVES with Rice (6)9.75
CHILI JACK FRIES French Fries topped with
 Chili & Pepper Jack Cheese8.95
TECHNO FRIES French Fries topped with Brown Gravy
 & American or Mozzarella Cheese7.95
MOZZARELLA STICKS with Marinara Sauce9.95
FRIED ZUCCHINI STICKS with Marinara Sauce ..9.95
POTATO SKINS with Bacon & Cheese,
 served with Sour Cream9.95
JALAPEÑO POPPERS9.95

- LOADED BAKED POTATO** with Bacon & Cheese
 or Broccoli & Cheese10.75
GUACAMOLE & CHIPS Homemade Guacamole
 with Haas Avocado, Jalapeños, Cilantro & Red Onions,
 served with Tortilla Chips8.95
EL MEXICANA FAJITA Grilled Chicken Breast, Sizzling
 Onions & Peppers with Low Fat Mozzarella Cheese,
 served with Mesclun Mixed Greens
 or Steamed Broccoli13.95
FRIED CALAMARI with Marinara Sauce12.95
BUFFALO WINGS with Bleu Cheese Dip12.25
NACHOS Ground Beef, Black Beans, Cheddar Cheese,
 Jalapeños, Pico de Gallo, Sour Cream
 & Guacamole14.95
GREEN KITCHEN COMBO Combination of
 Chicken Fingers, Buffalo Wings & Mozzarella Sticks 17.95
HUMMUS Ground Chick Peas & Roasted Red Peppers
 with Grilled Pita9.95

Small Salads

- HOUSE SALAD** Mixed Greens, Tomatoes,
 Cucumbers, Onions & Peppers8.95
CAESAR SALAD Chopped Romaine Lettuce tossed
 in Creamy Caesar Dressing with Croutons
 & Parmesan Cheese8.95
GK SALAD Chopped Lettuce, Avocado, Goat Cheese,
 Tomato, Turkey Bacon & Onion
 with House Vinaigrette Dressing9.95
GREEK SALAD Romaine Lettuce, Feta Cheese,
 Tomatoes, Cucumbers, Red Onions, Black Olives
 & Vinaigrette Dressing9.95
CLUB SALAD Romaine, Avocado, Smoked Bacon,
 Pepper Jack Cheese & Tomatoes, served with
 Honey Dijon Dressing9.95
CRANBERRY SALAD Baby Spinach, Walnuts,
 Feta Cheese & Dried Cranberries, served with
 Raspberry Vinaigrette Dressing9.95
 ADD GRILLED CHICKEN 3.00

Small Pastas

- PASTA MARINARA**
 Choice of Pasta with Marinara Sauce & Basil9.25
WHOLE WHEAT PENNE
 with Garlic & Olive Oil9.25
FETTUCCINI ALFREDO
 Long Egg Noodles
 in a Rich Parmesan Cream Sauce10.25
PENNE VODKA
 Penne Pasta in a Tomato Cream Pink Sauce,
 finished with Vodka10.25
 ADD GRILLED CHICKEN 3.00

HOMEMADE SPINACH PIE \$10.25

Chopped Spinach, Feta Cheese, Dill & Scallions
 with Greek Salad \$16.95

FRESH MOZZARELLA \$12.95

with Tomatoes & Fresh Basil,
 sprinkled with Olive Oil & Balsamic Vinegar

Soups

- SOUP OF THE DAY** (Rotates Daily),
MATZOH BALL, AVGOLEMONO
 or **CHICKEN NOODLE**
 Cup \$3.95 • Bowl \$5.95
ABOVE SOUPS TO-GO
 Sm. \$5.25 • Lg. \$6.50

- FRENCH ONION SOUP** \$6.25
 Baked with Cheese
 & Homemade Croutons
TEXAS BEEF CHILI \$8.25
 (House Recipe)
 served with Warm Tortillas
 served over Rice \$10.95



Side Orders

- FRENCH FRIES**5.75
 with Cheese6.75
WAFFLE FRIES or **SWEET POTATO FRIES**6.75
BAKED POTATO with Sour Cream5.65
MASHED POTATOES (Homemade)5.65
STEAK CUT ONION RINGS6.95

- COLE SLAW**5.25
POTATO SALAD5.25
COTTAGE CHEESE5.95
STEAMED BROCCOLI6.75
FRESH SAUTÉED GARLIC SPINACH6.75
SIDE ORDER of FETA CHEESE6.95

Quesadillas

SERVED WITH CHOICE OF FRENCH FRIES OR MIXED GREEN SALAD

Grilled Flour Tortillas stuffed with Melted Cheeses, served with Fresh Pico de Gallo, Sour Cream, Salsa & Guacamole

CHEESE \$12.25

PHILLY STEAK \$14.75

CHICKEN \$14.75

VEGETARIAN QUESADILLA \$13.75



Flat Breads

SERVED WITH MIXED SALAD OR STEAMED BROCCOLI ON WHOLE WHEAT PITA

- BUFFALO BLEU** Grilled Buffalo Chicken, Crumbled Bleu Cheese, Applewood Smoked Bacon & Diced Tomatoes12.75
- CAPRESE** Fresh Mozzarella, Sliced Tomatoes, Fresh Basil, Olive Oil & Balsamic Vinegar11.75
- LEAN & MEAN** Turkey Burger, Turkey Bacon & Shredded Low Fat Mozzarella Cheese, served with Mixed Greens or Steamed Broccoli13.75
- GK** Lean Grilled Chicken, Portobello Mushrooms, Roasted Red Peppers & Low Fat Mozzarella Cheese12.75
- CHICKEN FLORENTINE** Grilled Chicken, Spinach, Artichokes & Tomatoes, topped with Melted Provolone Cheese . . .12.75

Triple Deckers

SERVED WITH FRENCH FRIES, COLE SLAW & PICKLE

- TURKEY** with Bacon, Lettuce & Tomato15.75
- TUNAFISH SALAD** with Hard Boiled Egg, Lettuce & Tomato14.75
- CHICKEN SALAD** with Bacon, Lettuce & Tomato14.75
- GRILLED CHICKEN** with Bacon, Lettuce & Tomato15.75

AVOCADO CLUB \$16.75

Grilled Chicken, Avocado & Turkey Bacon on 7-Grain Toast with Lettuce & Tomato, served with Steamed Broccoli

Classic Sandwiches

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

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| TUNAFISH SALAD (All White Meat)8.75 | MEATLOAF (Beef or Turkey) with Marinara Sauce . .9.75 |
| CHICKEN SALAD (All White Meat)7.95 | SLICED ROUMANIAN STEAK HERO16.75 |
| EGG SALAD with Mayo6.75 | PHILADELPHIA CHEESE STEAK Sliced Beef on a Hero with Peppers, Onions and Melted Mozzarella . . .15.75 |
| B.L.T. Bacon, Romaine Lettuce & Tomato6.75 | CRISPY FISH FILLET with Lettuce, Tomato & Tartar Sauce11.75 |
| B.L.T. & AVOCADO with Alfalfa Sprouts9.25 | GREEK KITCHEN GRILLED CHEESE Grilled Challah Bread topped with Melted Mozzarella Cheese, Fresh Tomato & Basil7.95 |
| ROASTED FRESH TURKEY (White Meat)10.25 | CLASSIC GRILLED CHEESE American, Cheddar, Swiss, Monterey Jack or Mozzarella5.95 |
| ROAST BEEF, CORNED BEEF or PASTRAMI . . .10.25 | with Tomato6.95 |
| BOILED HAM & CHEESE with Lettuce & Tomato . .8.75 | with Bacon or Ham7.95 |
| EGGPLANT PARMIGIANA on Hero Roll9.75 | with Bacon or Ham & Tomato8.25 |
| BREADED CHICKEN PARMIGIANA on Hero Roll10.25 | |
| VEAL PARMIGIANA on Hero Roll13.75 | |

GK Specialty Burgers

DELUXE SERVED WITH FRENCH FRIES, LETTUCE, TOMATO, COLE SLAW & PICKLE

Substitute Waffle Fries, Sweet Potato Fries or Onion Rings \$1.75 Extra • Substitute Turkey Burger \$1.50 Extra

ADD-ONS: Mushrooms \$1.00 Extra • Avocado \$3.00 Extra • Bacon \$2.00 Extra • Cheese \$1.10 Extra
Salsa \$1.00 Extra • Guacamole \$2.00 Extra • Chipotle Mayo \$1.00 Extra

GK BURGER Plain \$10.95 • Deluxe \$14.95

topped with Applewood Smoked Bacon, Smoked Mozzarella Cheese, Fried Shoe String Onions & Our Secret Sauce



	PLAIN	DELUXE
CHIPOTLE BURGER with Lettuce, Tomato, Fried Onion, Guacamole & Chipotle Mayo . . .	11.75	15.75
ACAPULCO BURGER with Bacon, Cheddar Cheese & Pico de Gallo	11.75	15.75
TEXAS BBQ BURGER Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese	11.75	15.75
BOURBON STREET BURGER Blackened, with Bacon, Monterey Jack, Mayo & Onions .	11.75	15.75
HONEY WEST BURGER with Ham, Cheddar Cheese & Honey Mustard	11.75	15.75
TIJUANA BURGER with Bacon, Monterey Jack, Red Onions & Guacamole	11.75	15.75

ALL AMERICAN BURGER \$14.95

American Cheese, Bacon, Tomato & Fried Onions, served with French Fries

CORDON BLEU BURGER with Swiss Cheese, Ham & Grilled Onions	11.75	15.75
BLACK 'N' BLEU BURGER Blackened with Bleu Cheese	10.55	14.55
THE OUTSIDER BURGER with Bacon, Bleu Cheese & Avocado	13.75	17.75
JALAPEÑO & JACK BURGER with Jalapeño Peppers & Jalapeño Jack Cheese	10.55	14.55
PIZZA BURGER	9.25	13.25
MUSHROOM & SWISS BURGER	10.15	14.15
CHILI BURGER	10.15	14.15
GK SPECIALTY TURKEY BURGER White Meat Turkey Burger with Swiss Cheese & Avocado	11.65	15.65

Burgers Simply on a Bun

	PLAIN	DELUXE		PLAIN	DELUXE
HAMBURGER	7.95	11.95	VEGGIE BURGER	8.95	12.95
CHEESEBURGER	8.95	12.95	TURKEY or SALMON BURGER	8.95	12.95

The Melt Shop

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

HAPPY WAITRESS SPECIAL Open Grilled Cheese on White Bread with Bacon & Tomato	11.75	TURKEY or GRILLED CHICKEN MELT on Grilled Rye with Swiss Cheese	10.95
REUBEN Pastrami or Corned Beef on Rye with Sauerkraut & Melted Swiss Cheese, served with Potato Salad or French Fries	14.75	TUNA MELT on Grilled White Bread with Any Cheese	10.95
		TUNA AVOCADO MELT Tuna Salad with Avocado, Tomato & Pepperjack Cheese	12.95

CHICKEN SOUVLAKI SANDWICH \$11.95

on Pita with Lettuce, Tomato, Onions & Tzatziki Sauce

CHICKEN or BEEF GYRO SANDWICH \$10.95

on Pita with Lettuce, Tomato, Onions & Tzatziki Sauce

EXTRA TZATZIKI SAUCE \$2.00 • ADD FRENCH FRIES \$4.00 EXTRA

Grilled Chicken Churasco

	PLAIN	DELUXE
GRILLED CHICKEN on a Hard Roll with Lettuce & Tomato	9.75	13.75
TUSCAN GRILLED CHICKEN HERO with Melted Mozzarella, Sun-Dried Tomatoes & Alfalfa Sprouts . . .	11.75	15.75
CHICKEN DIJON with Swiss Cheese, Grilled Onions & Dijon Mustard on Focaccia	11.75	15.75
GRECIAN DELIGHT Grilled Chicken on Toasted Pita with Kalamata Olives, Melted Feta Cheese, Lettuce & Tomato	11.75	15.75
ACAPULCO GRILLED CHICKEN with Bacon, Cheddar Cheese & Pico de Gallo	11.75	15.75
BBQ CHICKEN Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese	11.75	15.75
BOURBON STREET CHICKEN Blackened Chicken with Bacon, Monterey Jack, Mayo & Onions	11.75	15.75
HONEY WEST CHICKEN with Ham, Cheddar Cheese & Honey Mustard	11.75	15.75
TIJUANA CHICKEN with Bacon, Monterey Jack, Red Onions & Guacamole	11.75	15.75
CORDON BLEU CHICKEN with Swiss Cheese, Ham & Grilled Onions	11.75	15.75
BLACK 'N' BLEU CHICKEN Blackened Chicken with Bleu Cheese	11.75	15.75
THE OUTSIDER CHICKEN with Bacon, Bleu Cheese & Avocado	12.75	16.75
JALAPEÑO & JACK CHICKEN with Jalapeño Peppers & Jalapeño Jack Cheese	11.75	15.75

Specialty Wraps

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD • SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$1.75 EXTRA

Your Choice: 14.75

CHIPOLTE CHICKEN WRAP

Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

FRESH TURKEY WRAP

with Bacon, Lettuce, Tomato & Russian Dressing

TEXAS TUNA MELT

with Tuna Salad, Pico de Gallo & Melted Monterey Jack & Cheddar Cheese grilled in a Tortilla

CAESAR WRAP

Grilled Chicken with Crisp Romaine Lettuce, Pecorino Romano Cheese & Caesar Dressing wrapped in a Tortilla

VEGGIE WRAP

Avocado, Mushrooms, Alfalfa Sprouts, Zucchini, Tomato & Melted Monterey Jack & Cheddar in a Tortilla

CALIFORNIA COBB WRAP

Grilled Chicken, Avocado, Lettuce, Tomato & Bleu Cheese

MEXICAN WRAP

with Grilled Chicken, Tomatoes, Jalapeño Peppers, Onions, Salsa & Jalapeño Jack Cheese

GRECIAN WRAP

Grilled Chicken, Feta Cheese, Lettuce, Tomato, Kalamata Olives in a Tortilla

RENAISSANCE WRAP

Turkey, Bacon, Swiss Cheese, Dijon Mustard, Lettuce, Tomato & Onion

WALDORF WRAP

with Chicken Salad, Walnuts, Apples, Raisins & Lettuce in a Tortilla

GYRO WRAP

Chicken or Beef with Romaine Lettuce, Feta, Tomatoes, Onions & Tzatziki Sauce

SLOPPY JOE WRAP

Ground Beef with Jalapeños, Onions, Avocado & Jalapeño Jack Cheese



SANTA FE WHOLE WHEAT WRAP \$14.75

Lean Grilled BBQ Chicken Breast, Turkey Bacon & Low Fat Mozzarella Cheese, served with Mixed Greens or Steamed Broccoli

BUFFALO CHICKEN WRAP \$14.75

with Lettuce, Tomato, Cheddar Cheese & Bleu Cheese or Ranch Dressing

Paninis

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD • SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$1.75 EXTRA

Your Choice: 14.75

CHIPOLTE CHICKEN PANINI

Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

ITALIAN PANINI

Prosciutto, Fresh Mozzarella, Tomato, Basil & Romaine Lettuce

FARMER'S PANINI

Grilled Zucchini, Mushrooms, Eggplant, Red Peppers and Goat Cheese

CHICKEN PARMIGIANA PANINI

Breaded Chicken with Basil, Marinara and Mozzarella Cheese

EGGPLANT PARMIGIANA PANINI

Breaded Eggplant with Basil, Marinara and Mozzarella Cheese

FRESH TURKEY PANINI

Turkey with Romaine Lettuce, Red Onions, Bacon, Swiss & Mustard

RUSSIAN PANINI

Roast Beef, Swiss Cheese, Caramelized Onions, Lettuce, Tomatoes and Russian Dressing

GREEN KITCHEN PANINI

Grilled Chicken, Roasted Red Peppers & Fresh Mozzarella

Salads

ANY SALAD WITH GRILLED CHICKEN OR FRESH TURKEY 4.00 EXTRA
 AVOCADO 3.50 EXTRA • GRILLED SHRIMP (4) 7.00 EXTRA • GRILLED SALMON 9.00 EXTRA

– Chop Any Salad \$2.00 Extra –

GK SALAD Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing14.95

FRESH LEAF SPINACH SALAD
 Fresh Spinach, Alfalfa Sprouts Fresh Mushrooms, Bacon Bits, Hard Boiled Eggs & Croutons with Choice of Dressing14.75

STUFFED AVOCADO
 with Tuna or Chicken Salad with Alfalfa Sprouts, Onions, Green Peppers and Garnish14.95
 with Shrimp Salad & Garnish17.95

GRILLED PORTOBELLO MUSHROOMS
 with Goat Cheese, Onions & Green Peppers over Mixed Greens16.95

MEDITERRANEAN SALAD (Served Hot)
 Grilled Carrots, Broccoli, Zucchini, Eggplant, Mushrooms, Red Peppers, Melted Fresh Mozzarella & Grape Leaves with Whole Wheat or Plain Toasted Pita15.95
 with Grilled Chicken19.95

GRILLED FILET of SALMON over Mixed Greens with Tomato, Onions, Green Peppers, Cucumber & Dill22.75

WALDORF SALAD Homemade Chicken Salad or Grilled Chicken, Fresh Red & Green Apples, Walnuts, Raisins & Fresh Goat Cheese over a Bed of Mixed Greens17.95

GRILLED CHICKEN over Mixed Greens with Tomatoes, Cucumbers, Onions & Green Peppers15.95



GARDEN DELIGHT SALAD Avocado, Fresh Mushrooms, Onions, Green Peppers, Tomato & Garnish over Mixed Greens with Alfalfa Sprouts .15.95
 with Grilled Chicken19.95

CHEF'S SALAD Roast Beef, Turkey, Ham, Swiss Cheese, Onions, Green Peppers, Tomatoes, Cucumbers, Hard Boiled Egg & Garnish18.45

FARMER'S GREEN SALAD Shredded Romaine, Scallions, Feta, Dill, White Vinegar & Virgin Olive Oil 14.95
 with Grilled Chicken18.95
 with Grilled Shrimp21.95

CAESAR SALAD11.95
 with Grilled Chicken15.95
 with Grilled Shrimp18.95

SALAD DRESSINGS:

RANCH • BLEU CHEESE • MUSTARD VINAIGRETTE • RUSSIAN • BALSAMIC VINAIGRETTE
 CAESAR • HONEY MUSTARD • OIL & VINEGAR

COBB SALAD \$15.95

Avocado, Bacon, Hard Boiled Egg, Onions, Green Peppers, Tomato & Bleu Cheese over Mixed Greens
 with Grilled Chicken \$19.95

GREEK SALAD \$15.95

Feta Cheese, Lettuce, Tomato, Kalamata Olives, Cucumbers, Onions & Stuffed Grape Leaves with Whole Wheat or Plain Toasted Pita
 with Grilled Chicken \$19.95

SANTA FE BBQ RANCH SALAD \$19.65

Romaine & Mesclun Greens with Bacon, Fresh Avocado, Tomatoes, Onions, Green Peppers, Shredded Monterey Jack, Cheddar Cheese & Grilled BBQ Chicken, served with Ranch Dressing

STEAK SALAD \$22.95

Sliced Marinated Skirt Steak, Mixed Greens, Grilled Portobello Mushrooms, Cannellini Beans & Crumbled Bleu Cheese with Balsamic Vinaigrette Dressing

Classic Salad Platters

CHOICE of TUNAFISH or CHICKEN SALAD on a Bed of Crisp Lettuce with Potato Salad, Cole Slaw, Cucumber, Tomatoes, Hard Boiled Egg & Garnish15.95

CALIFORNIA HEALTH SALAD Fresh Fruit Salad with Cottage Cheese, Jello & Melba Toast14.95

Pasta

Choice of Spaghetti, Linguini, Angel Hair, Fettuccini, Penne, Ziti, Rigatoni or Farfalle

SERVED WITH CUP OF SOUP OR CAESAR OR MESCLUN MIXED GREEN SALAD

- SPAGHETTI & MEATBALLS**
(Choice of Beef or White Meat Turkey)
with Marinara Sauce, Fresh Basil
& Shaved Parmesan Cheese17.95
- PENNE ALA VODKA**
Penne in a Creamy Pink Vodka Sauce16.95
with Grilled Chicken19.95
with Shrimp23.95
- SPAGHETTI BOLOGNESE** Spaghetti in a Homemade
Meat Sauce with Shaved Parmesan Cheese19.95
- FETTUCCINI CARBONARA** Fettuccini with Bacon, Ham,
Onions & Mushrooms in a Light Cream Sauce19.95
- FETTUCCINI ALFREDO**
Fettuccini in a Light Cream Sauce with Fresh Thyme16.95
with Grilled Chicken19.95
- LINGUINI with CLAM SAUCE** Red or White18.95
- RAVIOLI** Your Choice of Cheese or Spinach17.95
- CHEESE TORTELLINI** in Alfredo
or Pomodoro Sauce18.95

- HOMEMADE BAKED MEAT LASAGNA**17.95
- CAPELLINI POMODORO** with Tomato, Basil,
Garlic & Extra Virgin Olive Oil16.95



CHICKEN & SPINACH with PENNE \$19.95
with Fresh Spinach, Tomatoes
& Grated Parmesan Cheese

POWER PASTA \$19.95
Whole Wheat Penne with Grilled Chicken,
Roasted Red Peppers, Garlic & Olive Oil

Pizza

10" Pizza

- PLAIN EXTRA CHEESE**10.95
- PEPPERONI**11.75
- BUFFALO CHICKEN**12.95
- CHICKEN, BACON & RANCH**12.95

- BBQ CHICKEN**12.95
- GK PIZZA** Smashed Meatball, Bacon
& Smoked Mozzarella Cheese12.95

MEATBALLS PARMIGIANA \$17.95
(Choice of Beef or Turkey Meatballs) topped with Low Fat
Mozzarella & Pomodoro Sauce over Whole Wheat Penne

MEATBALL SANDWICH \$11.45
(Choice of Beef or Turkey Meatballs) topped with Low Fat
Mozzarella & Parmesan Cheese on Hero or 7-Grain Bread
with Steamed Broccoli or Salad \$14.95

Traditional Greek

- PASTITSIO** Layers of Elbow Macaroni & Chopped Meat,
topped with Bechamel Sauce,
served with Greek Salad17.95
- MOUSSAKA** (Your Choice of Meat or Vegetable)
topped with Bechamel Sauce,
served with Greek Salad18.95
- SPANAKOPITA** (Spinach Pie) Chopped Spinach,
Dill, Feta Cheese & Diced Scallions,
served with Greek Salad15.95

- CHICKEN SOUVLAKI PLATTER** with Greek Salad,
Toasted Pita & French Fries17.95
- GYRO PLATTER** Sliced Beef or Chicken Gyro
with Pita Bread, Greek Salad & French Fries15.95
- CHICKEN SOUVLAKI SANDWICH**11.95
- SLICED GYRO SANDWICH** (Beef or Chicken)
served on Pita Bread with Lettuce, Tomato,
Onion & Tzatziki Sauce on the Side10.95

Children's Menu

FOR CHILDREN 10 YEARS OR YOUNGER • NOT AVAILABLE FOR TAKE-OUT • SERVED WITH JUICE OR BEVERAGE • ADD FRENCH FRIES \$2.50 EXTRA

- HAMBURGER**7.75
- CHEESEBURGER**8.50
- GRILLED CHEESE**7.75
- PANCAKE (1)**8.25

- PASTA** with Tomato Sauce8.95
- CHICKEN FINGERS (3)**7.95
- BAKED MACARONI & CHEESE**9.75
- FRENCH TOAST (1)**8.25

TWO SCRAMBLED EGGS (No Potatoes, No Toast)8.25

Chicken

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD

- CAJUN CHICKEN & PENNE**17.95
CHICKEN MADEIRA Sautéed Chicken Breast topped with Asparagus, Melted Provolone Cheese, Mushrooms & Wine Sauce, served with Mashed Potatoes17.95
CHICKEN SCAMPI Chicken Breast, White Wine Lemon Butter Sauce, Garlic, Basil & Tomato, served with Brown Rice & Steamed Broccoli17.95
CHICKEN & SHRIMP SCAMPI served with Brown Rice & Steamed Broccoli20.75
GRILLED LEMON CHICKEN with Brown Rice & Baby Spinach18.95
- CHICKEN MARSALA** Sautéed Chicken Breast with Mushrooms & Marsala Wine Sauce, served with Any Pasta19.95
CHICKEN FRANCAISE Sautéed Chicken Breast with Broccoli & Lemon Butter White Wine Sauce, served with Brown Rice18.95
CHICKEN PARMIGIANA topped with Low Fat Mozzarella Cheese & Marinara Sauce19.95
CHICKEN PICCATA with Mushrooms & Capers in a Lemon Wine Sauce, served with Pasta19.95

Veal

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD & CHOICE OF PASTA OR STEAMED SPINACH & WILD RICE

- VEAL PARMIGIANA** with Tomato Sauce & Mozzarella Cheese24.95
VEAL MARSALA with Mushrooms & Marsala Wine 24.95
VEAL FRANCAISE with Lemon Wine Sauce24.95

Seafood, Steaks & Chops

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE



- BROILED FILET of SALMON**25.95
BROILED BOSTON SCROD21.95
- FILET of LEMON SOLE** (Broiled or Fried) in a Light Virgin Olive Oil & Lemon Sauce25.95
FILET of SOLE FRANCAISE with Rice or Potato & Vegetable26.95
STUFFED FILET of SOLE with Crabmeat Stuffing .26.95
JUMBO FRIED SHRIMP25.95
JUMBO SHRIMP SCAMPI with Light Garlic Wine Sauce, over Rice25.95
STUFFED SHRIMP with Crabmeat Stuffing26.95
N.Y. STRIP STEAK (16 oz) with Mushrooms & Onion Rings29.75
ROUMANIAN STEAK28.95
CHOPPED STEAK with Onion Rings or Sautéed Onions19.95
RIB-EYE STEAK (16 oz) with Onion Rings29.75
GRILLED LAMB CHOPS RACK with Mint Jelly ..28.95
GRILLED PORK CHOPS (2) with Applesauce ...20.95

Entrees

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE

- ROAST TURKEY** All White Meat, Off the Bone with Stuffing21.95
MAMA'S MEATLOAF "The Best in Town" with Mushrooms Gravy18.95
TURKEY MEATLOAF with Turkey Gravy18.95
- 1/2 BROILED CHICKEN** Broiled to Perfection (Freshly Cooked, 30 Minute Wait)18.95
OVEN BROWN 1/2 ROAST CHICKEN with Homemade Apple Walnut Raisin Stuffing & Gravy .18.95
CHICKEN KE-BOB with Peppers, Onions, Tomatoes & Mushrooms over Rice21.95

Hot Open Sandwiches

SERVED WITH POTATO & VEGETABLE

Your Choice: 17.95

SLICED ROAST TURKEY
with White Turkey Gravy & Cranberry Sauce

SLICED BRISKET of BEEF
with Brown Gravy

SLICED ROAST BEEF
with Brown Gravy