

Green Kitchen Lunch Specials

Classics

SERVED WITH SOUP AND A BEVERAGE

CHICKEN or TUNA SALAD SANDWICH

on Your Choice of Bread,
served with Lettuce & Tomato 11.95

BLT 9.95

TUNA MELT

on Grilled Multi-Grain with American Cheese 12.95

CORNED BEEF on Rye with Spicy Mustard 13.95

CHICKEN TENDERS 13.95

CHICKEN QUESADILLA 13.95

GRILLED CHICKEN or TURKEY CLUB 13.95

CHICKEN SOUVLAKI SANDWICH

with Tzatziki Sauce 13.95

GRILLED CHEESE FULL HOUSE

with Bacon & Tomato 11.95

Small Salads 11.95

SERVED WITH A BEVERAGE
ADD CHICKEN \$3.00

GREEK Feta Cheese, Tomato, Kalamata Olives,
Cucumbers, Onions & Stuffed Grape Leaves

COBB Avocado, Bacon, Hard Boiled Egg, Onion,
Green Peppers, Tomato & Crumbled Bleu Cheese

CRANBERRY Baby Spinach, Walnuts,
Feta Cheese & Dried Cranberries

CAESAR SALAD Little Gem Romaine with Rustic
Homemade Croutons & Grated Pecorino Cheese

GK Avocado, Goat Cheese, Tomato, Turkey Bacon
& Red Onion

CLUB Avocado, Smoked Applewood Bacon,
Pepper Jack Cheese & Tomato

Burgers & Sandwiches 14.95

SERVED WITH FRIES OR SALAD AND A BEVERAGE

ALL AMERICAN BURGER

American Cheese, Fried Onions, Bacon, Lettuce & Tomato

GK BURGER

Applewood Smoked Bacon, Smoked Mozzarella
& Fried Shoe String Onions

OUTSIDER BURGER

Black Label Bacon, Crumbled Bleu Cheese & Avocado

CALIFORNIA TURKEY BURGER

Turkey Burger with Avocado, Swiss Cheese & Red Onion

CRISPY CHICKEN SANDWICH

Chicken Cutlet, Fresh Mozzarella Cheese
& Roasted Red Peppers with Balsamic Vinaigrette

FRIED FILET SANDWICH

Fried Filet of Sole with Lettuce, Tomato & Tartar Sauce

Wraps & Paninis 14.95

SERVED WITH FRIES OR SALAD AND A BEVERAGE

BUFFALO WRAP

Chicken Cutlet, Cheddar Cheese, Lettuce, Tomato,
& Bleu Cheese Dressing

CHIPOTLE WRAP

Grilled Chicken, Fried Onions, Guacamole,
Lettuce, Tomato & Chipotle Mayo

SANTA FE WRAP

Grilled Chicken, Low Fat Mozzarella Cheese & Turkey Bacon
in a Whole Wheat Wrap

CHICKEN PARM PANINI

Breaded Chicken With Basil, Mozzarella Cheese
& Marinara Sauce

TURKEY PANINI

Fresh White Meat Turkey, Bacon, Swiss Cheese, Lettuce,
Tomato & Mustard

FARMERS PANINI

Grilled Zucchini, Mushrooms, Eggplant, Red Peppers
& Goat Cheese

Flatbreads & Brown Rice Bowls 13.95

SERVED WITH A BEVERAGE

LEAN & MEAN

Turkey Burger with Turkey Bacon & Shredded Low-Fat
Mozzarella Cheese, served with Broccoli or Brown Rice

GK FLATBREAD

Grilled Chicken, Portobello Mushrooms, Roasted Red Peppers
& Low Fat Mozzarella Cheese with Broccoli or Brown Rice

OPEN FIELDS BOWL

Grilled Chicken, Zucchini, Portobello Mushrooms
& Roasted Red Peppers with Balsamic Vinaigrette

TERIYAKI BOWL

Grilled Chicken, Avocado, Broccoli, Carrots & Green Peppers
with Teriyaki Glaze

Specials

PENNE ALA VODKA

With Grilled Chicken 15.95

POWER PASTA

Whole Wheat Penne with Grilled Chicken, Red Peppers,
Garlic & Oil 15.95

LEMON CHICKEN

in Lemon Sauce with Broccoli & Rice 15.95

SPANAKOPITA

Homemade Spinach Pie with Greek Salad 13.95

BEEF GYRO PLATTER

with French Fries & Greek Salad 13.95

BROILED SALMON FILET

with Lemon over Mixed Greens 17.95