

## Benedicts

SERVED WITH POTATOES OR GRITS

**CLASSIC 13.65**

Two Poached Eggs on an English Muffin with Canadian Bacon, topped with Hollandaise Sauce

**FLORENTINE 13.95**

Two Poached Eggs on an English Muffin with Canadian Bacon, Spinach & Feta Cheese, topped with Hollandaise Sauce

**AVOCADO 14.95**

Two Poached Eggs on an English Muffin with Canadian Bacon and Avocado, topped with Chipotle Hollandaise Sauce

**SALMON LOX 15.95**

Two Poached Eggs on an English Muffin with Lox, topped with Hollandaise Sauce

Substitute  
Fresh Fruit Salad  
instead of potatoes  
\$2.00 extra



## Specialties

- IRISH BREAKFAST** Two Eggs, Any Style, Irish Sausage, Irish Bacon, Black Pudding & Grilled Tomatoes, served with Potatoes or Grits & Toast .....17.65
- HUNGRY MAN** French Toast, Pancakes or Waffle with Ham, Bacon, Sausage & Two Eggs .....15.75
- BREAKFAST BURRITO** Scrambled Eggs, Ham, Onions, Peppers, Salsa & Monterey Jack Cheese, wrapped in a Flour Tortilla, served with Home Fries ....14.65
- BREAKFAST WRAP** Scrambled Eggs, Taylor Ham, Cheddar Cheese & Jalapeños, served with Home Fries ..14.65
- BREAKFAST TACOS** Scrambled Eggs with Ham, Pepper Jack, Guacamole & Salsa .....11.95

## All Natural Greek Yogurt

**PLAIN GREEK YOGURT 7.35**  
with Granola 8.95  
with Walnuts & Honey 11.45

**GREEK YOGURT PARFAIT 13.45**  
Topped with Fresh Berries, Granola & Honey

## Bagels

- H&H BAGEL** .....2.95
- BAGEL with CREAM CHEESE** .....4.95
- BAGEL with LOX** .....10.95
- BAGEL, LOX & CREAM CHEESE** .....12.95
- BAGEL DELUXE** with Nova Scotia Lox, Onion, Cream Cheese & Garnish .....15.75

## Eggs & Meats

SERVED WITH POTATOES OR GRITS & TOAST

ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA • EXTRA EGG 1.25 EXTRA  
ALL EGG WHITES 2.00 EXTRA • GOAT CHEESE OR FETA CHEESE 1.25 EXTRA  
GUACAMOLE 2.00 EXTRA • SALSA 1.00 EXTRA

- TWO EGGS, Any Style** .....8.95  
with Ham, Bacon, Sausage, Turkey Sausage,  
Turkey Bacon, Canadian Bacon or Taylor Ham 12.95
- CORNED BEEF HASH & EGGS** .....14.65
- SKIRT STEAK & EGGS** .....21.95

## Omelettes

SERVED WITH POTATOES OR GRITS & TOAST • ADD ANY CHEESE 1.00 EXTRA  
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA • ALL EGG WHITES 2.00 EXTRA

- CHEESE OMELETTE** Choice of American, Swiss, Cheddar, Mozzarella, Jack or Provolone Cheese .....12.65
- CALIFORNIA OMELETTE** Avocado, Mushrooms & Cheddar Cheese .....16.75
- ITALIAN OMELETTE** Italian Sausage, Peppers, Onions, Pepperoni & Mozzarella Cheese .....15.75
- VEGETARIAN OMELETTE** Onions, Peppers, Tomatoes & Mushrooms .....15.75
- MEXICAN OMELETTE** Tomatoes, Onions, Jalapeños & Monterey Jack Cheese .....16.75
- GREEK OMELETTE** Feta Cheese & Tomatoes .....14.65
- WESTERN OMELETTE** Ham, Onions & Peppers .....13.45
- NOVA LOX & ONION OMELETTE** .....15.75
- HAM, BACON or SAUSAGE OMELETTE** .....13.65  
with Cheese .....14.65
- AVOCADO, WHITE MEAT TURKEY & SWISS CHEESE OMELETTE** .....16.75
- SPINACH & FETA OMELETTE** .....13.65

## Healthy Start

SERVED WITH SLICED TOMATOES, STEAMED BROCCOLI OR FRESH FRUIT SALAD AND 7-GRAIN TOAST

- SIMPLE EGG WHITE OMELETTE** .....12.35
- PORTABELLA** Egg Whites, Broccoli & Portabella Mushrooms 14.95
- ENERGY BREAKFAST** Egg Whites, Grilled Chicken, Mushrooms, Tomatoes & Spinach .....16.75
- PROTEIN** Egg Whites with Grilled Chicken or Turkey ..16.75
- ATHENIAN** Egg Whites, Tomatoes, Spinach & Onions ..15.95
- MEXICAN BURRITO** Egg Whites, Avocado, Turkey Bacon & Jalapeños on Whole Wheat Tortilla, served with Fruit Salad or Broccoli .....15.75  
with Monterey Jack Cheese .....16.75

**CEREAL 5.25 • OATMEAL 5.95**

RAISINS 1.00 EXTRA • BANANA 1.25 EXTRA • FRESH BERRIES 2.75 EXTRA

## Pastries

- ASSORTED DANISH** .....3.25
- JUMBO MUFFIN** .....2.75
- POUND CAKE** .....3.25
- ROLL or BIALY** .....2.95
- ENGLISH MUFFIN** .....2.95
- TOAST** .....2.25
- CROISSANT** .....2.95

# Pancakes

SINCE 1931, OUR BUTTERMILK BATTER IS MADE FRESH EACH MORNING • SERVED WITH BUTTER & SYRUP  
 REAL MAPLE SYRUP 1.50 EXTRA • ADD TWO EGGS 2.50 EXTRA • ADD ANY BREAKFAST MEAT 4.00 EXTRA

**OLD FASHIONED BUTTERMILK PANCAKES**  
 or **SILVER DOLLAR PANCAKES** 8.95

**SHORT STACK OF BUTTERMILKS** 7.25  
 Our Famous Buttermilks for a Lighter Appetite

**7 GRAIN PANCAKES** 8.95

**CHOCOLATE CHIP PANCAKES** 12.95  
 Buttermilks baked Chocolate Chips with  
 Whipped Cream & Chocolate Sauce

**OREO COOKIE PANCAKES** 13.95  
 Buttermilks baked with Oreo Cookies inside  
 & topped with Oreo Cookies, Vanilla Ice Cream,  
 Chocolate Sauce & Whipped Cream

**FRESH FRUIT PANCAKES** 13.65

Filled with Fresh Strawberries, Blueberries & Bananas,  
 topped with Whipped Cream

**BLUEBERRY or BANANA PANCAKES** 11.95

**OATMEAL ALMOND PANCAKES** 10.95  
 with Bananas & Walnuts 13.95

**CHUNKY MONKEY PANCAKES** 13.95  
 Filled with Chocolate Chips & Bananas,  
 topped with Caramel Sauce & Whipped Cream

**NUTELLA PANCAKES** 13.95

Buttermilks topped with Fresh Bananas, Strawberries  
 & Nutella Hazelnut Spread

## French Toast

FRESH BAKED CHALLAH BREAD DOUBLE DIPPED  
 IN OUR HOMEMADE MILK & EGG BATTER

### CLASSIC FRENCH TOAST

dusted with Powdered Sugar & Cinnamon . . . . .8.95

**BANANA WALNUT** with Fresh Banana,  
 Walnuts & Whipped Cream . . . . .12.95

**FRESH FRUIT FRENCH TOAST** topped with Fresh  
 Strawberries, Blueberries, Bananas & Whipped Cream . .13.95

## Belgian Waffles

SERVED WITH BUTTER & SYRUP

**BELGIAN WAFFLE** Sweet & Delicious Golden Original . . .8.95

**FRESH FRUIT WAFFLE** topped with Fresh Strawberries,  
 Blueberries, Bananas & Whipped Cream . . . . .13.95

**NUTELLA WAFFLE** topped with Fresh Strawberries,  
 Bananas & Nutella Hazelnut Spread . . . . .14.95

**WAFFLE SUNDAE** with Ice Cream, Nuts,  
 Chocolate Syrup and Whipped Cream . . . . .14.95



## Sandwiches

**TWO EGGS on a Roll** . . . . .4.95

with Cheese . . . . .5.95

with Cheese & Any Breakfast Meat . . . . .6.95

**TAYLOR HAM, EGG & CHEDDAR CHEESE**  
 on a Croissant . . . . .6.95

**TURKEY, EGG & CHEESE** on a Croissant . . . . .6.95

**WESTERN EGG** on a Roll . . . . .5.95

**PEANUT BUTTER & JELLY SANDWICH**  
 on 7 Grain Bread . . . . .4.95

## Side Orders

**BACON, HAM or SAUSAGE** . . . . .6.25

**CANADIAN BACON or TAYLOR HAM** . . . . .6.45

**TURKEY BACON or TURKEY SAUSAGE** . . . . .6.45

**CORNED BEEF HASH** . . . . .7.25

**HOME FRIES or GRITS** . . . . .5.75

**SIDE OF LOX** . . . . .9.25



## Starters

- CHICKEN FINGERS** with Honey Mustard . . . . .11.95  
**BUFFALO STYLE CHICKEN FINGERS**  
 with Bleu Cheese . . . . .12.95  
**LOADED CHICKEN FINGERS**  
 topped with Mozzarella Cheese & Brown Gravy . .13.95  
 ADD FRENCH FRIES TO ANY ABOVE CHICKEN FINGERS \$4.00 EXTRA
- BAKED MACARONI & CHEESE** . . . . .9.95  
**STUFFED GRAPE LEAVES** with Rice (6) . . . . .9.75  
**CHILI JACK FRIES** French Fries topped with  
 Chili & Pepper Jack Cheese . . . . .8.95  
**TECHNO FRIES** French Fries topped with Brown Gravy  
 & American or Mozzarella Cheese . . . . .7.95  
**MOZZARELLA STICKS** with Marinara Sauce . . . .9.95  
**LOADED BAKED POTATO** with Bacon & Cheese  
 or Broccoli & Cheese . . . . .10.95

- GUACAMOLE & CHIPS** Homemade Guacamole  
 with Haas Avocado, Cilantro, Tomato, Lime  
 & Red Onions, served with Tortilla Chips . . . . .8.95  
**FRIED CALAMARI** with Marinara Sauce . . . . .12.95  
**BUFFALO WINGS** with Bleu Cheese Dip . . . . .12.25  
**EL MEXICANA FAJITA** Grilled Chicken Breast, Sizzling  
 Onions & Peppers with Low Fat Mozzarella Cheese,  
 served with Mesclun Mixed Greens  
 or Steamed Broccoli . . . . .13.95  
**NACHOS** Ground Beef, Black Beans, Cheddar Cheese,  
 Jalapeños, Pico de Gallo, Sour Cream  
 & Guacamole . . . . .14.95  
**HUMMUS** Ground Chick Peas & Roasted Red Peppers  
 with Grilled Pita . . . . .9.95  
**GREEN KITCHEN COMBO** Combination of  
 Chicken Fingers, Buffalo Wings & Mozzarella Sticks 17.95

## Soups

- SOUP OF THE DAY** (Rotates Daily),  
**MATZOH BALL, AVGOLEMONO**  
 or **CHICKEN NOODLE**  
 Cup \$3.95 • Bowl \$5.95  
**ABOVE SOUPS TO-GO**  
 Sm. \$5.35 • Lg. \$6.75

- FRENCH ONION SOUP** \$6.25  
 Baked with Cheese  
 & Homemade Croutons  
**TEXAS BEEF CHILI** \$8.25  
 (House Recipe)  
 served with Warm Tortilla Chips  
 served over Rice \$10.95



## Flat Breads

SERVED WITH MIXED SALAD OR STEAMED BROCCOLI ON WHOLE WHEAT PITA

- BUFFALO BLEU** Grilled Buffalo Chicken, Crumbled Bleu Cheese, Applewood Smoked Bacon & Diced Tomatoes . . . . .13.45  
**LEAN & MEAN** Turkey Burger, Turkey Bacon & Shredded Low Fat Mozzarella Cheese . . . . .14.45  
**GK Lean** Grilled Chicken, Portobello Mushrooms, Roasted Red Peppers & Low Fat Mozzarella Cheese . . . . .13.45  
**CHICKEN FLORENTINE** Grilled Chicken, Spinach, Artichokes & Tomatoes, topped with Melted Provolone Cheese . . .13.45

## Triple Deckers

SERVED WITH FRENCH FRIES, COLE SLAW & PICKLE

- TURKEY** with Bacon, Lettuce & Tomato . . . . .16.55  
**TUNAFISH SALAD** with Hard Boiled Egg, Lettuce & Tomato . . . . .14.75  
**CHICKEN SALAD** with Bacon, Lettuce & Tomato . . . . .14.75

### AVOCADO CLUB 17.60

Grilled Chicken, Avocado & Turkey Bacon on 7-Grain Toast with Lettuce & Tomato, served with Steamed Broccoli

## Classic Sandwiches

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

- TUNAFISH SALAD** (All White Meat) . . . . .9.25  
**CHICKEN SALAD** (All White Meat) . . . . .8.35  
**B.L.T.** Bacon, Romaine Lettuce & Tomato . . . . .7.25  
**B.L.T. & AVOCADO** with Alfalfa Sprouts . . . . .9.75  
**ROASTED FRESH TURKEY** (White Meat) . . . . .10.75  
**ROAST BEEF OR CORNED BEEF** . . . . .10.75  
**EGGPLANT PARMIGIANA** on Hero Roll . . . . .10.25  
**BREADED CHICKEN PARMIGIANA** on Hero Roll . .10.75  
**MEATBALL PARMIGIANA** (Beef or Turkey) on Hero Roll 10.75  
**MEATLOAF** (Beef or Turkey) with Gravy . . . . .10.25

- CRISPY FISH FILLET** with Lettuce, Tomato  
 & Tartar Sauce . . . . .12.95  
**GREEN KITCHEN GRILLED CHEESE**  
 Grilled Challah Bread topped with Melted  
 Mozzarella Cheese, Fresh Tomato & Basil . . . . .8.35  
**CLASSIC GRILLED CHEESE** American, Cheddar,  
 Swiss, Monterey Jack or Mozzarella . . . . .5.95  
 with **Tomato** . . . . .6.95  
 with **Bacon or Ham** . . . . .7.95  
 with **Bacon or Ham & Tomato** . . . . .8.75  
**TEXAS TOAST** with Smokey Bacon,  
 Pepper Jack Cheese & Avocado . . . . .9.95



# GK Burgers

## DELUXE SERVED WITH FRENCH FRIES, LETTUCE, TOMATO, COLE SLAW & PICKLE

Substitute Waffle Fries, Sweet Potato Fries or Onion Rings \$1.75 Extra • Substitute Turkey Burger \$1.50 Extra

**ADD-ONS:** Mushrooms \$1.00 Extra • Avocado \$3.00 Extra • Bacon \$2.00 Extra • Cheese \$1.10 Extra  
Salsa \$1.00 Extra • Guacamole \$2.00 Extra • Chipotle Mayo \$1.00 Extra

	PLAIN	DELUXE		PLAIN	DELUXE
HAMBURGER	8.35	12.35	VEGGIE BURGER	9.65	13.65
CHEESEBURGER	9.85	13.85	TURKEY BURGER	9.65	13.65
BISON BURGER	10.35	14.35	SALMON BURGER	9.95	13.95

### GK BURGER Plain \$11.55 • Deluxe \$15.75

*topped with Applewood Smoked Bacon, Smoked Mozzarella Cheese & Fried Shoe String Onions*



	PLAIN	DELUXE
CHIPOTLE BURGER with Lettuce, Tomato, Fried Onion, Guacamole & Chipotle Mayo	12.45	16.45
TEXAS BBQ BURGER Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese	12.45	16.45
TIJUANA BURGER with Bacon, Monterey Jack, Red Onions & Guacamole	12.45	16.45
PIZZA BURGER with Fresh Mozzarella and Marinara Sauce	9.95	13.95

### ALL AMERICAN BURGER \$15.75

*American Cheese, Bacon, Tomato & Fried Onions, served with French Fries*

JALAPEÑO JACK BURGER with Jalapeño Peppers & Jalapeño Jack Cheese	11.25	14.85
MUSHROOM & SWISS BURGER	11.25	14.85
CALIFORNIA TURKEY BURGER Natural Turkey Burger, Cheddar, Avocado & Alfalfa Sprouts	12.65	16.65
THE OUTSIDER BURGER with Bacon, Bleu Cheese & Avocado	13.95	17.95

### CALIFORNIA SALMON BURGER 14.95

*over Romaine Lettuce, topped with Red Onion & Avocado, served with Honey Mustard on the Side*

## The Melt Shop

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

REUBEN Pastrami or Corned Beef on Rye with Sauerkraut & Melted Swiss Cheese	11.45	TUNA MELT on Grilled White Bread with Any Cheese	10.95
TURKEY or GRILLED CHICKEN MELT on Grilled Rye with Swiss Cheese	10.95	PHILADELPHIA CHEESE STEAK Sliced Beef on a Hero with Peppers, Onions and Melted Mozzarella	12.95

## Side Orders

FRENCH FRIES	5.75	COLE SLAW	5.25
with Cheese	6.75	POTATO SALAD	5.25
WAFFLE FRIES or SWEET POTATO FRIES	6.75	COTTAGE CHEESE	5.95
BAKED POTATO with Sour Cream	5.65	STEAMED BROCCOLI	6.75
MASHED POTATOES (Homemade)	5.65	FRESH SAUTÉED GARLIC SPINACH	6.75
STEAK CUT ONION RINGS	6.95	SIDE ORDER of FETA CHEESE	6.95

# Grilled Chicken Sandwiches

ALL NATURAL CHICKEN BREAST

	PLAIN	DELUXE
<b>GRILLED CHICKEN</b> on a Bun with Lettuce & Tomato . . . . .	9.75	13.75
<b>CHICKEN DIJON</b> with Swiss Cheese, Grilled Onions & Dijon Mustard on Focaccia . . . . .	12.45	16.45
<b>BBQ CHICKEN</b> Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese on Focaccia . . . . .	12.45	16.45
<b>TIJUANA CHICKEN</b> with Bacon, Monterey Jack, Red Onions & Guacamole on Focaccia . . . . .	12.45	16.45
<b>THE OUTSIDER CHICKEN</b> with Bacon, Bleu Cheese & Avocado on Focaccia . . . . .	12.45	16.45
<b>JALAPEÑO &amp; JACK CHICKEN</b> with Jalapeño Peppers & Jalapeño Jack Cheese on Focaccia . . . . .	12.45	16.45



## Quesadillas

SERVED WITH CHOICE OF FRENCH FRIES OR MIXED GREEN SALAD

Grilled Flour Tortillas stuffed with Melted Cheeses, served with Fresh Pico de Gallo, Sour Cream, Salsa & Guacamole

- CHEESE** \$12.95 • **CHICKEN** \$15.45
- PHILLY STEAK** \$15.45
- VEGETARIAN QUESADILLA** \$14.45

## Specialty Wraps

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD • SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$1.75 EXTRA

**Your Choice: 15.75**

**CHIPOLTE CHICKEN WRAP** Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

**FRESH TURKEY WRAP** with Bacon, Lettuce, Tomato & Russian Dressing

**TEXAS TUNA MELT** with Tuna Salad, Pico de Gallo & Melted Monterey Jack & Cheddar Cheese grilled in a Tortilla

**CAESAR WRAP** Grilled Chicken with Crisp Romaine Lettuce, Pecorino Romano Cheese & Caesar Dressing wrapped in a Tortilla

**VEGGIE WRAP** Avocado, Mushrooms, Alfalfa Sprouts, Zucchini, Tomato & Melted Monterey Jack & Cheddar in a Tortilla

**CALIFORNIA COBB WRAP** Grilled Chicken, Avocado, Lettuce, Tomato & Bleu Cheese

**MEXICAN WRAP** with Grilled Chicken, Tomatoes, Jalapeño Peppers, Onions, Salsa & Jalapeño Jack Cheese

**GRECIAN WRAP** Grilled Chicken, Feta Cheese, Lettuce, Tomato, Kalamata Olives in a Tortilla

**WALDORF WRAP** with Chicken Salad, Walnuts, Apples, Raisins & Lettuce in a Tortilla



### SANTA FE WHOLE WHEAT WRAP \$15.75

Lean Grilled BBQ Chicken Breast, Turkey Bacon & Low Fat Mozzarella Cheese, served with Mixed Greens or Steamed Broccoli

### BUFFALO CHICKEN WRAP \$15.75

with Lettuce, Tomato, Cheddar Cheese & Bleu Cheese or Ranch Dressing

## Paninis

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD  
SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$1.75 EXTRA

**Your Choice: 15.75**

**CHIPOLTE CHICKEN PANINI** Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

**ITALIAN PANINI** Prosciutto, Fresh Mozzarella, Tomato, Basil & Romaine Lettuce

**FRESH TURKEY PANINI** Turkey with Romaine Lettuce, Red Onions, Bacon, Swiss Cheese & Mustard

**FARMER'S PANINI** Grilled Zucchini, Mushrooms, Eggplant, Red Peppers and Goat Cheese

**CHICKEN PARMIGIANA PANINI** Breaded Chicken with Basil, Marinara and Mozzarella Cheese

**EGGPLANT PARMIGIANA PANINI** Breaded Eggplant with Basil, Marinara and Mozzarella Cheese

**GREEN KITCHEN PANINI** Grilled Chicken, Roasted Red Peppers & Fresh Mozzarella

# Salads

ANY SALAD WITH GRILLED CHICKEN OR FRESH TURKEY 4.00 EXTRA

AVOCADO 3.50 EXTRA • GRILLED SHRIMP (4) 7.00 EXTRA • GRILLED SALMON 9.00 EXTRA

**GRILLED CHICKEN** over Mixed Greens with Tomatoes, Cucumbers, Onions & Green Peppers . . . . . **15.95**

**GK SALAD** Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing . . . . . **15.95**

**STUFFED AVOCADO** with Tuna or Chicken Salad with Alfalfa Sprouts, Onions, Green Peppers and Garnish . . . . . **14.95**

**MEDITERRANEAN SALAD** (Served Hot) Grilled Carrots, Broccoli, Zucchini, Eggplant, Mushrooms, Red Peppers, Melted Fresh Mozzarella & Grape Leaves with Whole Wheat or Plain Toasted Pita . . . . . **15.95**  
with Grilled Chicken . . . . . **19.95**

**WALDORF SALAD** Homemade Chicken Salad or Grilled Chicken, Fresh Red & Green Apples, Walnuts, Raisins & Fresh Goat Cheese over a Bed of Mixed Greens . . . . . **17.95**

**GARDEN DELIGHT SALAD** Avocado, Fresh Mushrooms, Onions, Green Peppers, Tomato & Garnish over Mixed Greens with Alfalfa Sprouts . **15.95**  
with Grilled Chicken . . . . . **19.95**  
with Grilled Salmon . . . . . **24.95**



**CHEF'S SALAD** Roast Beef, Turkey, Ham, Swiss Cheese, Onions, Green Peppers, Tomatoes, Cucumbers, Hard Boiled Egg & Garnish . . . . . **18.45**

**FARMER'S GREEN SALAD** Shredded Romaine, Scallions, Feta, Dill, White Vinegar & Virgin Olive Oil **14.95**  
with Grilled Chicken . . . . . **18.95**  
with Grilled Shrimp . . . . . **21.95**

**CAESAR SALAD** . . . . . **11.95**  
with Grilled Chicken . . . . . **15.95**  
with Grilled Shrimp . . . . . **18.95**

## SALAD DRESSINGS:

RANCH • BLEU CHEESE • MUSTARD VINAIGRETTE • RUSSIAN • BALSAMIC VINAIGRETTE • CAESAR • HONEY MUSTARD • OIL & VINEGAR

### FRESH MOZZARELLA \$12.95

with Tomatoes & Fresh Basil, sprinkled with Olive Oil & Balsamic Vinegar

### COBB SALAD \$15.95

Avocado, Bacon, Hard Boiled Egg, Onions, Green Peppers, Tomato & Bleu Cheese over Mixed Greens

with Grilled Chicken \$19.95

### GREEK SALAD \$15.95

Feta Cheese, Lettuce, Tomato, Kalamata Olives, Cucumbers, Onions & Stuffed Grape Leaves over Mixed Greens with a Toasted Pita

with Grilled Chicken \$19.95

### SANTA FE BBQ RANCH SALAD \$19.65

Romaine & Mesclun Greens with Bacon, Avocado, Tomatoes, Onions, Green Peppers, Shredded Monterey Jack, Cheddar Cheese & Grilled BBQ Chicken, served with Ranch Dressing

### STEAK SALAD \$23.95

Sliced Marinated Skirt Steak, Mixed Greens, Grilled Portobello Mushrooms, Avocado & Crumbled Bleu Cheese with Balsamic Vinaigrette Dressing

# Small Salads

**HOUSE SALAD** Mixed Greens, Tomatoes, Cucumbers, Onions, Peppers & Carrots . . . . . **8.95**

**CAESAR SALAD** Chopped Romaine Lettuce tossed in Creamy Caesar Dressing with Croutons & Parmesan Cheese . . . . **8.95**

**GK SALAD** Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing **10.65**

**GREEK SALAD** Romaine Lettuce, Feta Cheese, Tomatoes, Cucumbers, Red Onions, Black Olives & Vinaigrette Dressing **10.65**

**CLUB SALAD** Romaine, Avocado, Smoked Bacon, Pepper Jack Cheese & Tomatoes, served with Honey Dijon Dressing **10.65**

**CRANBERRY SALAD** Baby Spinach, Walnuts, Feta Cheese & Dried Cranberries, served with Raspberry Vinaigrette Dressing . . . . . **10.65**

ADD GRILLED CHICKEN 3.00

# Classic Salad Platters

**CHOICE of TUNAFISH or CHICKEN SALAD** on a Bed of Crisp Lettuce with Potato Salad, Cole Slaw, Cucumber, Tomatoes, Hard Boiled Egg & Garnish . . . . . **15.95**

**CALIFORNIA HEALTH SALAD** Fresh Fruit Salad with Cottage Cheese, Jello & Melba Toast . . . . . **14.95**

# Pasta

Choice of Spaghetti, Linguini, Angel Hair, Fettuccini, Penne or Rigatoni

SERVED WITH CUP OF SOUP OR CAESAR OR MESCLUN MIXED GREEN SALAD

## SPAGHETTI & MEATBALLS

(Choice of Beef or Turkey)  
with Marinara Sauce, Fresh Basil  
& Shaved Parmesan Cheese .....18.95

## MEATBALLS PARMIGIANA

(Choice of Beef or Turkey Meatballs)  
topped with Low Fat Mozzarella  
& Pomodoro Sauce over Whole Wheat Penne ....19.95

## EGGPLANT PARMIGIANA

served with Pasta .....18.95

## PENNE ALA VODKA

Penne in a Creamy Pink Vodka Sauce .....17.95  
with Grilled Chicken .....20.95  
with Shrimp .....24.95

## SPAGHETTI BOLOGNESE

Spaghetti in a Homemade Meat Sauce  
with Shaved Parmesan Cheese .....20.95

## FETTUCCINI ALFREDO

Fettuccini in a Light Cream Sauce  
with Fresh Thyme .....17.95  
with Grilled Chicken .....20.95

## RAVIOLI Choice of Cheese, Spinach or Lobster ....18.95

CHEESE TORTELLINI in Alfredo  
or Pomodoro Sauce .....19.95



## Small Pastas

### PASTA MARINARA

Choice of Pasta with Marinara Sauce & Basil ....9.25

### WHOLE WHEAT PENNE

with Garlic & Olive Oil .....10.25

### FETTUCCINI ALFREDO

Long Egg Noodles  
in a Rich Parmesan Cream Sauce .....10.65

### PENNE VODKA

Penne Pasta in a Tomato Cream Pink Sauce,  
finished with Vodka .....10.65  
ADD GRILLED CHICKEN 3.00

### CHICKEN & SPINACH with PENNE \$19.95

with Fresh Spinach, Tomatoes  
& Grated Parmesan Cheese

### POWER PASTA \$20.95

Whole Wheat Penne with Grilled Chicken, Fresh Spinach  
Roasted Red Peppers, Garlic & Olive Oil

# Pizza

12" Pizza

PLAIN .....11.95  
PEPPERONI .....12.95  
BUFFALO CHICKEN .....13.95  
CHICKEN, BACON & RANCH .....13.95

## Traditional Greek

### PASTITSIO

Layers of Elbow Macaroni & Chopped Meat,  
topped with Bechamel Sauce,  
served with Greek Salad .....18.95

### MOUSSAKA

(Your Choice of Meat or Vegetable)  
topped with Bechamel Sauce,  
served with Greek Salad .....19.95

### SPANAKOPITA

(Spinach Pie) Chopped Spinach,  
Dill, Feta Cheese & Diced Scallions .....10.95  
served with Greek Salad .....16.95

### CHICKEN SOUVLAKI PLATTER

with Greek Salad,  
Toasted Pita & French Fries .....17.95

### GYRO PLATTER

Sliced Beef or Chicken Gyro  
with Pita Bread, Greek Salad & French Fries .....15.95

### SLICED GYRO SANDWICH

(Beef or Chicken) .....10.95

### CHICKEN SOUVLAKI SANDWICH

served on Pita Bread with Lettuce, Tomato,  
Onion & Tzatziki Sauce on the Side .....11.95



# Chicken

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD

- CAJUN CHICKEN & PENNE .....17.95
- GRILLED LEMON CHICKEN with Brown Rice & Baby Spinach .....19.95
- CHICKEN MARSALA Sautéed Chicken Breast  
with Mushrooms & Marsala Sauce, served with Any Pasta .....20.95
- CHICKEN FRANCAISE Sautéed Chicken Breast with Broccoli & Lemon Butter White Wine Sauce,  
served with Brown Rice .....19.95
- CHICKEN PARMIGIANA topped with Mozzarella Cheese & Marinara Sauce, served with Pasta .....20.95

# Seafood, Steaks & Chops

SERVED WITH SOUP OF THE DAY  
OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE



- BROILED FILET of SALMON .....27.25
- FILET of LEMON SOLE (Broiled or Fried)  
in a Light Virgin Olive Oil & Lemon Sauce .....27.25
- JUMBO FRIED SHRIMP .....27.25
- JUMBO SHRIMP SCAMPI  
with Light Garlic Wine Sauce over Rice .....27.25
- N.Y. STRIP STEAK (16 oz)  
with Mushrooms & Onion Rings .....30.95
- SKIRT STEAK .....29.95
- GRILLED LAMB CHOPS RACK with Mint Jelly ...30.95
- GRILLED PORK CHOPS (2) with Applesauce ....21.95

# Entrees

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE

- ROAST TURKEY All White Meat, Off the Bone with Stuffing & Turkey Gravy .....22.95
- MAMA'S MEATLOAF Beef or Turkey  
with Brown Mushroom Gravy or Turkey Gravy .....19.95
- TURKEY MEATLOAF with Turkey Gravy .....19.95
- 1/2 BROILED CHICKEN Broiled to Perfection (Freshly Cooked, 30 Minute Wait) .....19.95
- OVEN BROWN 1/2 ROAST CHICKEN with  
Homemade Apple Walnut Raisin Stuffing & Gravy .....19.95
- CHICKEN KEBOB Two Skewers with Peppers, Onions,  
Tomatoes & Mushrooms over Rice .....23.95

# Hot Open Sandwiches

SERVED WITH POTATO & VEGETABLE

**Your Choice: 18.95**

**SLICED ROAST TURKEY**  
with White Turkey Gravy  
& Cranberry Sauce

**SLICED BRISKET of BEEF**  
with Brown Gravy

**SLICED ROAST BEEF**  
with Brown Gravy

# Children's Menu

FOR CHILDREN 10 YEARS OR YOUNGER • NOT AVAILABLE FOR TAKE-OUT • SERVED WITH JUICE OR BEVERAGE • ADD FRENCH FRIES \$2.50 EXTRA

- HAMBURGER .....7.75
- CHEESEBURGER .....8.50
- GRILLED CHEESE .....7.75
- PANCAKE (2) .....6.25
- PASTA with Tomato Sauce .....8.95
- CHICKEN FINGERS (3) .....7.95
- BAKED MACARONI & CHEESE .....9.75
- FRENCH TOAST (1) .....6.25
- TWO SCRAMBLED EGGS (No Potatoes, No Toast) .....6.25



# GK Smoothies 8.95

## BANANA BERRY

Banana, Strawberries, Blueberries,  
Greek Yogurt & Almond Milk

## TROPICANA

Banana, Blueberries, Strawberries & Orange Juice

## APPLE BERRY

Banana, Strawberries & Apple Juice

## GREEN TEA MATCHA

Green Tea Matcha, Chia Seeds, Banana,  
Pineapple & Almond Milk

## BLUEBERRY BLAST

Blueberries, Banana, Almond Butter,  
Chia Seeds & Almond Milk

## GREEN POWER

Spinach, Banana, Pineapple & Almond Milk

## PB PROTEIN

Peanut Butter, Banana, Cacao Nibs & Almond Milk

## ALMOND DELIGHT

Almond Butter, Banana, Sliced Almonds,  
Coconut & Almond Milk



## Fruits & Juices

FRESH FRUIT SALAD	.....	7.25
FRESH BERRIES	.....	7.25
CANTALOUPE	.....	7.25
with Cottage Cheese	.....	9.25
FRESH LEMONADE	.....	4.25
ORANGE JUICE	.....Sm. 4.25 • Lg. 5.95	
ASSORTED FRUIT JUICES	.....Sm. 3.65 • Lg. 4.85	

## Milk Shakes

VANILLA, CHOCOLATE or STRAWBERRY	.....	6.75
BLACK & WHITE Vanilla Ice Cream with Chocolate Syrup	.....	6.75
OREO Vanilla Ice Cream with Lots of Oreo Cookies	.....	7.25
REESES PEANUT BUTTER CUP Chocolate Ice Cream with Reeses Peanut Butter Cups	.....	7.25
TRADITIONAL CREAMSICLE Orange Juice with Vanilla Ice Cream	.....	7.95

## Fountain Delights

ICE CREAM Vanilla, Chocolate or Strawberry	.....	1 Scoop 4.75 • 2 Scoops 7.25
ICE CREAM SODA or ROOT BEER FLOAT	.....	5.25
BANANA BOWL Ice Cream, Banana & Chocolate Syrup with Whipped Cream & Walnuts	.....	11.75
ICE CREAM SUNDAE with Whipped Cream, Chocolate Syrup & Walnuts	.....	8.75
CHOCOLATE BROWNIE ROYALE Ice Cream, Whipped Cream, Walnuts & Caramel Sauce	.....	8.95
N.Y. EGG CREAM	.....	3.25

## Desserts

**GOURMET GELATO** Flavors Change Daily \$7.95

STRAWBERRY CHEESECAKE	.....	6.95
OREO CHEESECAKE	.....	6.95
OUR HOMEMADE CHEESECAKE	.....	6.75
SEVEN LAYER CAKE	.....	6.75
GERMAN CHOCOLATE CAKE	.....	6.75
CARROT CAKE	.....	6.75
CHOCOLATE MOUSSE CAKE	.....	6.75
LEMON COCONUT CAKE	.....	6.75
GREEK BAKLAVA	.....	6.75
FRUIT PIES	.....	4.95
Ala Mode	.....	7.95
LEMON MERINGUE PIE	.....	6.75
CHOCOLATE BROWNIE	.....	4.25
RICE PUDDING	.....	3.95
BREAD PUDDING	.....	4.25
POUND CAKE	.....	3.25
JUMBO COOKIE	.....	3.25

## Cold Drinks

MILK (Regular or Skim)	.....	2.95
CHOCOLATE MILK	.....	3.95
ICED COFFEE OR ICED TEA (Unsweetened)	.....	2.95
ICED CAPPUCCINO	.....	3.95
MINERAL WATER	.....	2.50
SAN PELLEGRINO / PERRIER	.....	3.25
SNAPPLE	.....	2.95
SOFT DRINKS Coke, Diet Coke, 7-Up, Diet 7-Up, Ginger Ale, Root Beer or Club Soda	.....	2.75

## Hot Drinks

HOT CHOCOLATE with Whipped Cream	.....	4.25
COFFEE or TEA (Regular or Decaf)	.....	2.25
HERBAL TEA From Our Wide Selection	.....	2.75
CAFE LATTE	.....	4.50
CAPPUCCINO	.....	4.95
ESPRESSO	.....	3.50
DOUBLE ESPRESSO	.....	4.95