



*Serving the Upper East Side
Since 1931*

EGGS & MEATS

SERVED WITH POTATOES OR GRITS & TOAST
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA
EXTRA EGG 1.25 EXTRA • ALL EGG WHITES 2.00 EXTRA
GOAT CHEESE OR FETA CHEESE 1.25 EXTRA
GUACAMOLE 2.00 EXTRA • SALSA 1.00 EXTRA

TWO EGGS, Any Style 9.25
with Ham, Bacon, Sausage, Turkey Sausage,
Turkey Bacon, Canadian Bacon or Taylor Ham 13.25

CORNED BEEF HASH & EGGS 14.95

SKIRT STEAK & EGGS 24.95

SUBSTITUTE
GLUTEN FREE BREAD
\$2.00 EXTRA

SPECIALTIES

IRISH BREAKFAST 18.75

Two Eggs, Any Style, Irish Sausage, Irish Bacon,
Black & White Pudding & Grilled Tomatoes,
served with Potatoes or Grits & Toast

HUNGRY MAN 16.25

French Toast, Pancakes or Waffle with Ham, Bacon,
Sausage & Two Eggs

BREAKFAST BURRITO 15.25

Scrambled Eggs, Ham, Onions, Peppers, Salsa & Pepper Jack Cheese,
wrapped in a Flour Tortilla, served with Home Fries

BREAKFAST WRAP 15.25

Scrambled Eggs, Taylor Ham, Cheddar Cheese & Jalapeños,
wrapped in a Flour Tortilla, served with Home Fries

BREAKFAST TACOS 13.95

Scrambled Eggs with Ham, Pepper Jack, Guacamole & Salsa

HEALTHY START

SERVED WITH SLICED TOMATOES, STEAMED BROCCOLI
OR FRESH FRUIT SALAD AND 7-GRAIN TOAST

PLAIN EGG WHITE OMELETTE 12.95

PORTABELLA 15.95

Egg Whites, Broccoli & Portabella Mushrooms

ENERGY BREAKFAST 16.95

Egg Whites, Grilled Chicken, Mushrooms, Tomatoes & Spinach

ATHENIAN 16.95

Egg Whites, Feta Cheese, Tomatoes, Spinach & Onions

MEXICAN BURRITO 16.95

Egg Whites, Avocado, Turkey Bacon & Jalapeños
on Whole Wheat Tortilla, served with Fruit Salad or Broccoli
with Pepper Jack Cheese 17.95

OMELETTES

SERVED WITH POTATOES OR GRITS & TOAST
ADD ANY CHEESE 1.00 EXTRA • ALL EGG WHITES 2.00 EXTRA
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA

CHEESE OMELETTE 13.25

Choice of American, Swiss, Cheddar, Mozzarella, Pepper Jack
or Provolone Cheese

HAM, BACON or SAUSAGE OMELETTE 14.25

with Cheese 15.25

CALIFORNIA OMELETTE 16.95

Avocado, Mushrooms & Cheddar Cheese

ITALIAN OMELETTE 15.95

Sausage, Peppers, Onions, Pepperoni & Mozzarella Cheese

VEGETARIAN OMELETTE 15.95

Onions, Peppers, Tomatoes & Mushrooms

MEXICAN OMELETTE 15.95

Tomatoes, Onions, Jalapeños & Pepper Jack Cheese

GREEK OMELETTE 14.95

Feta Cheese & Tomatoes

WESTERN OMELETTE 15.95

Ham, Onions & Peppers

NOVA LOX & ONION OMELETTE 16.75

AVOCADO, WHITE MEAT TURKEY

& SWISS CHEESE OMELETTE 17.95

SPINACH & FETA OMELETTE 14.95

BENEDICTS

SERVED WITH POTATOES OR GRITS

CLASSIC 13.95

Two Poached Eggs on an English Muffin with
Canadian Bacon, topped with Hollandaise Sauce

FLORENTINE 14.95

Two Poached Eggs on an English Muffin with Canadian Bacon,
Spinach & Feta Cheese, topped with Hollandaise Sauce

AVOCADO 16.75

Two Poached Eggs on an English Muffin with Canadian Bacon
and Avocado, topped with Chipotle Hollandaise Sauce

LOX 17.50

Two Poached Eggs on an English Muffin with Lox,
topped with Hollandaise Sauce

PANCAKES

SINCE 1931, OUR BUTTERMILK BATTER IS MADE FRESH EACH MORNING • SERVED WITH BUTTER & SYRUP
REAL MAPLE SYRUP 2.50 EXTRA • ADD TWO EGGS 2.50 EXTRA • ADD ANY BREAKFAST MEAT 4.00 EXTRA

BUTTERMILK PANCAKES
or **SILVER DOLLAR PANCAKES** 9.95

SHORT STACK of BUTTERMILKS 7.95
For a Lighter Appetite

MULTI-GRAIN PANCAKES 9.95

CHOCOLATE CHIP PANCAKES 13.95
*Baked Chocolate Chips with
Whipped Cream & Chocolate Sauce*

OREO COOKIE PANCAKES 15.50
*Baked with Oreo Cookies inside & topped with Oreo Cookies,
Vanilla Ice Cream, Chocolate Sauce & Whipped Cream*

FRESH FRUIT PANCAKES 14.95
*Filled with Fresh Strawberries, Blueberries & Bananas,
topped with Whipped Cream*

STRAWBERRY, BLUEBERRY
or **BANANA PANCAKES** 13.50

OATMEAL ALMOND PANCAKES 11.95
with Sliced Almonds
add Bananas & Walnuts 3.00 extra

CHUNKY MONKEY PANCAKES 14.95
*Filled with Chocolate Chips & Bananas,
topped with Caramel Sauce & Whipped Cream*

NUTELLA PANCAKES 15.50
*Topped with Fresh Bananas, Strawberries
& Nutella Hazelnut Spread*

BELGIAN WAFFLES

SERVED WITH BUTTER & SYRUP

BELGIAN WAFFLE 9.95
Sweet & Delicious Golden Original

FRESH FRUIT WAFFLE 14.95
*topped with Fresh Strawberries, Blueberries, Bananas
& Whipped Cream*

NUTELLA WAFFLE 15.50
topped with Fresh Strawberries, Bananas & Nutella Hazelnut Spread

WAFFLE SUNDAE 15.95
*with Ice Cream, Walnuts, Caramel, Chocolate Syrup
and Whipped Cream*

FRENCH TOAST

FRESH BAKED CHALLAH BREAD DOUBLE DIPPED
IN OUR HOMEMADE MILK & EGG BATTER

CHALLAH FRENCH TOAST 9.95
dusted with Powdered Sugar & Cinnamon

BANANA WALNUT 14.50
with Fresh Banana, Walnuts & Whipped Cream

FRESH FRUIT FRENCH TOAST 14.95
*topped with Fresh Strawberries, Blueberries, Bananas
& Whipped Cream*

SANDWICHES

TWO EGGS on a Roll 5.25
with Cheese 6.50

with Any Breakfast Meat 6.50
with Cheese & Any Breakfast Meat 7.50

TAYLOR HAM, EGG & CHEDDAR CHEESE on a Croissant 7.95

TURKEY, EGG & CHEESE on a Croissant 7.95

WESTERN EGG on a Roll 6.45

PEANUT BUTTER & JELLY SANDWICH on 7 Grain Bread 5.25

GK SMOOTHIES

YOUR CHOICE: 8.95

BANANA BERRY

Banana, Strawberries, Blueberries,
Greek Yogurt & Almond Milk

TROPICANA

Banana, Blueberries, Strawberries & Orange Juice

APPLE BERRY

Banana, Strawberries & Apple Juice

GREEN TEA MATCHA

Green Tea Matcha, Chia Seeds, Banana, Pineapple & Almond Milk

BLUEBERRY BLAST

Blueberries, Banana, Almond Butter,
Chia Seeds & Almond Milk

GREEN POWER

Spinach, Banana, Pineapple & Almond Milk

PB PROTEIN

Peanut Butter, Banana, Cacao Nibs & Almond Milk

ALMOND DELIGHT

Almond Butter, Banana, Sliced Almonds, Coconut & Almond Milk

FRUITS & JUICES

FRESH FRUIT SALAD 7.95

FRESH BERRIES 7.95

CANTALOUPE 7.95
with Cottage Cheese 9.95

FRESH LEMONADE 4.95

ORANGE JUICE Sm. 4.25 • Lg. 5.95

ASSORTED FRUIT JUICES Sm. 4.25 • Lg. 5.25

PASTRIES

ASSORTED DANISH 3.45

JUMBO MUFFIN 2.95

POUND CAKE 3.45

ROLL or ENGLISH MUFFIN 2.95

TOAST 2.25

CROISSANT 3.25

All Natural GREEK YOGURT

PLAIN GREEK YOGURT 7.95

with Granola 9.75

with Walnuts & Honey 11.95

GREEK YOGURT PARFAIT 13.95

Topped with Fresh Berries, Granola & Honey

OATMEAL 6.95

Raisins 1.00 Extra • Banana 1.25 Extra

Fresh Berries 2.75 Extra

BAGELS

BAGEL 3.25

BAGEL with CREAM CHEESE 5.25

BAGEL with LOX 11.75

BAGEL, LOX & CREAM CHEESE 13.95

BAGEL DELUXE 16.95

with Nova Scotia Lox, Onion, Cream Cheese & Garnish

SIDE ORDERS

BACON, HAM or SAUSAGE 6.95

CANADIAN BACON or TAYLOR HAM 6.95

TURKEY BACON or TURKEY SAUSAGE 6.95

CORNED BEEF HASH 7.95

HOME FRIES or GRITS 6.25

SIDE of LOX 10.25

STARTERS

CHICKEN FINGERS 12.95

with Honey Mustard

BUFFALO STYLE CHICKEN FINGERS 13.95

with Bleu Cheese

LOADED CHICKEN FINGERS 14.95

topped with Mozzarella Cheese & Brown Gravy

ADD FRENCH FRIES TO ANY ABOVE CHICKEN FINGERS \$4.00 EXTRA

BAKED MACARONI & CHEESE 10.95

ZUCCHINI STICKS 10.95

with Marinara Sauce

MOZZARELLA STICKS 10.95

with Marinara Sauce

LOADED BAKED POTATO 11.75

with Bacon & Cheddar Cheese or Broccoli & Cheddar Cheese

FRIED CALAMARI 13.95

with Marinara Sauce

TECHNO FRIES 8.25

*French Fries topped with Brown Gravy
& American or Mozzarella Cheese*

GUACAMOLE & CHIPS 9.95

*Homemade Guacamole with Haas Avocado, Cilantro, Tomato,
Lime & Red Onions, served with Tortilla Chips*

BUFFALO WINGS 13.95

with Bleu Cheese Dip

NACHOS 15.95

*Texas Style Chili, Cheddar Cheese, Jalapeños,
Pico de Gallo, Sour Cream & Guacamole*

HUMMUS 11.95

Ground Chick Peas & Roasted Red Peppers with Grilled Pita

GREEN KITCHEN COMBO 18.95

*Combination of Chicken Fingers, Buffalo Wings
& Mozzarella Sticks*

SOUPS

SOUP OF THE DAY (*Rotates Daily*),

MATZOH BALL, AVGOLEMONO or CHICKEN NOODLE Cup \$4.25 • Bowl \$6.95

ABOVE SOUPS TO-GO Sm. \$5.75 • Lg. \$6.95

FRENCH ONION SOUP 6.95

Baked with Cheese & Homemade Croutons

TEXAS BEEF CHILI \$8.95

(House Recipe)

served with Warm Tortilla Chips

served over Rice \$11.95

FLATBREADS

SERVED WITH MIXED SALAD OR STEAMED BROCCOLI ON WHOLE WHEAT PITA

BUFFALO BLEU 15.95

*Grilled Buffalo Chicken, Crumbled Bleu Cheese,
Applewood Smoked Bacon & Diced Tomatoes*

LEAN & MEAN 15.95

*Turkey Burger, Turkey Bacon & Shredded
Low Fat Mozzarella Cheese*

GK 15.95

*Lean Grilled Chicken, Portobello Mushrooms, Roasted Red Peppers
& Low Fat Mozzarella Cheese*

CHICKEN FLORENTINE 15.95

*Grilled Chicken, Spinach, Artichokes & Tomatoes, topped with
Melted Provolone Cheese*

TRIPLE DECKERS

SERVED WITH FRENCH FRIES, COLE SLAW & PICKLE

TURKEY 17.25

with Bacon, Lettuce & Tomato

TUNAFISH SALAD 16.50

with Hard Boiled Egg, Lettuce & Tomato

CHICKEN SALAD 16.50

with Bacon, Lettuce & Tomato

GRILLED CHICKEN CLUB 16.95

with Bacon, Lettuce & Tomato

AVOCADO CLUB 17.95

Grilled Chicken, Avocado & Turkey Bacon on 7-Grain Toast with Lettuce & Tomato, served with Steamed Broccoli

SPECIALTY WRAPS

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD • SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$2.00 EXTRA

YOUR CHOICE: 16.95

BUFFALO CHICKEN WRAP

Breaded Chicken with Lettuce, Tomato, Cheddar Cheese & Bleu Cheese or Ranch Dressing

CHIPOTLE CHICKEN WRAP

Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

TEXAS TUNA MELT

Tuna Salad, Pico de Gallo & Melted Shredded Jack & Cheddar Cheese

CAESAR WRAP

Grilled Chicken with Crisp Romaine Lettuce, Pecorino Romano Cheese & Caesar Dressing

VEGGIE WRAP

Avocado, Mushrooms, Alfalfa Sprouts, Zucchini, Tomato & Melted Shredded Jack & Cheddar Cheese

FRESH TURKEY WRAP

with Bacon, Lettuce, Tomato & Russian Dressing

CALIFORNIA COBB WRAP

Grilled Chicken, Avocado, Lettuce, Tomato & Bleu Cheese

MEXICAN WRAP

Grilled Chicken, Tomatoes, Jalapeño Peppers, Onions, Salsa & Pepper Jack Cheese

GRECIAN WRAP

Grilled Chicken, Feta Cheese, Lettuce, Tomato & Kalamata Olives

WALDORF WRAP

Chicken Salad, Walnuts, Apples, Raisins & Lettuce

SANTA FE WHOLE WHEAT WRAP

Lean Grilled BBQ Chicken Breast, Turkey Bacon & Low Fat Mozzarella Cheese, served with Mixed Greens or Steamed Broccoli

CLASSIC SANDWICHES

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

ALBACORE TUNAFISH SALAD (All White Meat) 10.25

CHICKEN SALAD (All White Meat) 9.75

B.L.T. Bacon, Romaine Lettuce & Tomato 8.50

B.L.T. & AVOCADO with Alfalfa Sprouts 11.75

ROASTED FRESH TURKEY (White Meat) 11.95

ROAST BEEF or CORNED BEEF 11.25

EGGPLANT PARMIGIANA on Hero Roll 11.95

BREADED CHICKEN PARMIGIANA on Hero Roll 12.95

MEATBALL PARMIGIANA (Beef or Turkey) on Hero Roll 12.95

MEATLOAF (Beef or Turkey) with Gravy 11.95

CRISPY FISH FILLET 14.95

with Lettuce, Tomato & Tartar Sauce

GREEN KITCHEN GRILLED CHEESE 9.95

Grilled Challah Bread topped with Melted Mozzarella Cheese, Fresh Tomato & Basil

CLASSIC GRILLED CHEESE 7.75

American, Cheddar, Swiss, Pepper Jack or Mozzarella with Tomato 8.75

with Bacon or Ham 9.75

with Bacon or Ham, & Tomato 10.75

TEXAS TOAST 11.95

with Applewood Smoked Bacon, Pepper Jack Cheese & Avocado

GK BURGERS

SERVED ON A BRIOCHE BUN

MAKE YOUR BURGER DELUXE

Served with French Fries, Lettuce, Tomato, Cole Slaw & Pickle \$4.50 Extra

Substitute Waffle Fries, Sweet Potato Fries or Onion Rings \$2.00 Extra

Substitute Turkey Burger \$1.50 Extra • Substitute Bison Burger \$3.00 Extra

ADD-ONS: Mushrooms \$1.25 Extra • Avocado \$3.50 Extra • Bacon \$2.00 Extra • Cheese \$1.25 Extra
Salsa \$1.00 Extra • Guacamole \$2.00 Extra • Chipotle Mayo \$1.00 Extra

HAMBURGER 9.50

VEGGIE BURGER 10.95

CHEESEBURGER 10.75

HOMEMADE TURKEY BURGER 10.95

BISON BURGER 12.95

HOMEMADE SALMON BURGER 12.95

GK BURGER \$12.95

topped with Applewood Smoked Bacon, Smoked Mozzarella Cheese & Fried Shoe String Onions

CHIPOTLE BURGER 13.75

with Lettuce, Tomato, Fried Onion, Guacamole & Chipotle Mayo

TIJUANA BURGER 13.75

with Bacon, Pepper Jack, Red Onions & Guacamole

TEXAS BBQ BURGER 13.75

Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese

PIZZA BURGER 11.25

with Mozzarella Cheese and Marinara Sauce

ALL AMERICAN BURGER 16.95

American Cheese, Bacon, Tomato & Fried Onions, served with French Fries

JALAPEÑO JACK BURGER *with Jalapeño Peppers & Jalapeño Jack Cheese* 12.25

MUSHROOM & SWISS BURGER 12.25

CALIFORNIA TURKEY BURGER *Natural Turkey Burger, Cheddar, Avocado & Alfalfa Sprouts* 14.75

THE OUTSIDER BURGER *with Bacon, Crumbled Bleu Cheese & Avocado* 15.95

CALIFORNIA SALMON BURGER 15.95

over Romaine Lettuce, topped with Red Onion & Avocado, served with Honey Mustard on the Side

GRILLED CHICKEN SANDWICHES

ALL NATURAL BLACK LABEL CHICKENS BREAST SERVED ON BRIOCHE BUN

MAKE YOUR GRILLED CHICKEN SANDWICH DELUXE:

Served with French Fries, Lettuce, Tomato, Cole Slaw & Pickle \$4.50 Extra

GRILLED CHICKEN 11.75

on a Bun with Lettuce & Tomato

CHICKEN DIJON 14.65

with Swiss Cheese, Grilled Onions & Dijon Mustard

BBQ CHICKEN 14.65

Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese

TIJUANA CHICKEN 14.65

with Bacon, Pepper Jack, Red Onions & Guacamole

THE OUTSIDER CHICKEN 14.65

with Bacon, Bleu Cheese & Avocado

JALAPEÑO & JACK CHICKEN 14.65

with Jalapeño Peppers & Jalapeño Jack Cheese

PANINIS

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD

SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$2.00 EXTRA

YOUR CHOICE: 16.95

CHIPOLTE CHICKEN PANINI

Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

FRESH TURKEY PANINI

Turkey with Romaine Lettuce, Red Onions, Bacon, Swiss Cheese & Dijon Mustard

FARMER'S PANINI

Grilled Zucchini, Mushrooms, Eggplant, Red Peppers and Goat Cheese

ITALIAN PANINI

Prosciutto, Fresh Mozzarella, Tomato, Basil & Romaine Lettuce

CHICKEN PARMIGIANA PANINI

Breaded Chicken with Basil, Marinara and Mozzarella Cheese

EGGPLANT PARMIGIANA PANINI

Breaded Eggplant with Basil, Marinara and Mozzarella Cheese

GREEN KITCHEN PANINI

Grilled Chicken, Roasted Red Peppers & Fresh Mozzarella

QUESADILLAS

SERVED WITH CHOICE OF FRENCH FRIES OR MIXED GREEN SALAD

Grilled Flour Tortillas stuffed with Melted Cheeses, served with Fresh Pico de Gallo, Sour Cream, Salsa & Guacamole

CHEESE 13.95 • CHICKEN 16.95 • PHILLY STEAK 16.95 • VEGETARIAN QUESADILLA 15.95

EL MEXICANA FAJITA 14.95

Grilled Chicken Breast, Sizzling Onions & Peppers with Low Fat Mozzarella Cheese, served with Mesclun Mixed Greens or Steamed Broccoli

THE MELT SHOP

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

YOUR CHOICE: 13.95

REUBEN

Pastrami or Corned Beef on Rye with Sauerkraut & Melted Swiss Cheese

TURKEY or GRILLED CHICKEN MELT

on Grilled Rye with Swiss Cheese

TUNA MELT

on Grilled White Bread with Any Cheese

PHILADELPHIA CHEESE STEAK

Sliced Beef on a Hero with Peppers, Onions and Melted Mozzarella

SIDE ORDERS

FRENCH FRIES 6.25

with Cheese \$1.25 Extra

WAFFLE FRIES or SWEET POTATO FRIES 7.25

BAKED POTATO with Sour Cream 5.95

MASHED POTATOES (Homemade) 6.25

STEAK CUT ONION RINGS 7.25

COLE SLAW 5.75

POTATO SALAD 5.75

COTTAGE CHEESE 5.95

DAILY FRESH VEGETABLES 7.25

SALADS

SALAD ADD-ONS: Avocado 3.50 Extra • Grilled Chicken or Fresh Turkey 5.00 Extra • Steak 9.00 extra
Grilled Shrimp (4) 9.00 extra • Grilled Salmon 12.00 Extra

GRILLED CHICKEN 18.95

over Mixed Greens with Tomatoes, Cucumbers, Onions & Green Peppers

GK SALAD 17.95

Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing

STUFFED AVOCADO 17.95

with Tuna or Chicken Salad with Alfalfa Sprouts, Onions, Green Peppers and Garnish

CHEF'S SALAD 20.95

Roast Beef, Turkey, Ham, Swiss Cheese, Onions, Green Peppers, Tomatoes, Cucumbers, Hard Boiled Egg & Garnish

CAESAR SALAD 13.95

MEDITERRANEAN SALAD (Served Hot) 18.75

Grilled Carrots, Broccoli, Zucchini, Eggplant, Mushrooms, Red Peppers, Melted Fresh Mozzarella & Grape Leaves with Whole Wheat or Plain Toasted Pita

WALDORF SALAD 20.95

Homemade Chicken Salad or Grilled Chicken, Fresh Red & Green Apples, Walnuts, Raisins & Fresh Goat Cheese over a Bed of Mixed Greens

GARDEN DELIGHT SALAD 17.95

Avocado, Fresh Mushrooms, Onions, Green Peppers, Tomato & Garnish over Mixed Greens with Alfalfa Sprouts

FARMER'S GREEN SALAD 16.25

Shredded Romaine, Scallions, Feta, Dill, White Vinegar & Virgin Olive Oil

SALAD DRESSINGS: Ranch • Bleu Cheese • Mustard Vinaigrette • Russian • Balsamic Vinaigrette
Caesar • Honey Dijon • Oil & Vinegar • Low Fat Raspberry Vinaigrette

FRESH MOZZARELLA \$13.95

with Tomatoes & Fresh Basil, sprinkled with Olive Oil & Balsamic Vinegar

COBB SALAD \$17.95

Avocado, Bacon, Hard Boiled Egg, Onions, Green Peppers, Tomato & Bleu Cheese over Mixed Greens

GREEK SALAD \$17.95

Feta Cheese, Lettuce, Tomato, Kalamata Olives, Cucumbers, Onions & Stuffed Grape Leaves over Mixed Greens with a Toasted Pita

SANTA FE BBQ RANCH SALAD \$21.95

Romaine & Mesclun Greens with Bacon, Avocado, Tomatoes, Onions, Green Peppers, Shredded Monterey Jack, Cheddar Cheese & Grilled BBQ Chicken, served with Ranch Dressing

STEAK SALAD \$26.95

Sliced Marinated Skirt Steak, Mixed Greens, Grilled Portobello Mushrooms, Avocado & Crumbled Bleu Cheese with Balsamic Vinaigrette Dressing

CLASSIC SALAD PLATTERS 17.25

Choice of Tunafish or Chicken Salad

on a Bed of Crisp Lettuce with Potato Salad, Cole Slaw, Cucumber, Tomatoes, Hard Boiled Egg & Garnish

SMALL SALADS

ADD CHICKEN \$3.00

HOUSE SALAD 10.25

Mixed Greens, Tomatoes, Cucumbers, Onions, Peppers & Olives

CAESAR SALAD 10.25

Chopped Romaine Lettuce tossed in Creamy Caesar Dressing with Croutons & Parmesan Cheese

GK SALAD 12.95

Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing

GREEK SALAD 13.25

Romaine Lettuce, Feta Cheese, Tomatoes, Cucumbers, Red Onions, Black Olives & Vinaigrette Dressing

CLUB SALAD 12.95

Romaine, Avocado, Smoked Bacon, Pepper Jack Cheese & Tomatoes, served with Honey Dijon Dressing

CRANBERRY SALAD 13.75

Baby Spinach, Walnuts, Feta Cheese & Dried Cranberries, served with Raspberry Vinaigrette Dressing

SUBSTITUTE
GLUTEN FREE PENNE
\$2.00 EXTRA

PASTA

Choice of Spaghetti, Fettuccini, Penne or Rigatoni
SERVED WITH CUP OF SOUP OR CAESAR OR MESCLUN MIXED GREEN SALAD

PASTA ADD-ONS

Grilled Chicken 5.00 Extra • Grilled Shrimp (4) 9.00 extra • Grilled Salmon 12.00 Extra

SPAGHETTI & MEATBALLS 18.95

(Choice of Beef or Turkey) with Marinara Sauce, Fresh Basil & Shaved Parmesan Cheese

MEATBALLS PARMIGIANA 19.95

(Choice of Beef or Turkey Meatballs) topped with Low Fat Mozzarella & Pomodoro Sauce over Whole Wheat Penne

EGGPLANT PARMIGIANA 19.95

served with Pasta

PENNE ALA VODKA 18.95

Penne in a Creamy Pink Vodka Sauce

CHICKEN & SPINACH with PENNE \$21.95

with Fresh Spinach, Tomatoes & Grated Parmesan Cheese

POWER PASTA \$21.95

Whole Wheat Penne with Grilled Chicken, Fresh Spinach Roasted Red Peppers, Garlic & Olive Oil

SPAGHETTI BOLOGNESE 21.95

Spaghetti in a Homemade Meat Sauce with Shaved Parmesan Cheese

FETTUCCINI ALFREDO 18.95

Fettuccini in a Light Cream Sauce with Fresh Thyme

CHEESE TORTELLINI 19.95

in Alfredo or Pomodoro Sauce

RAVIOLI 19.95

Choice of Cheese or Spinach

LOBSTER RAVIOLI 22.95

SMALL PASTAS

Add Grilled Chicken 3.00 Extra

PASTA MARINARA 11.25

Choice of Pasta with Marinara Sauce & Basil

WHOLE WHEAT PENNE 11.95

with Garlic & Olive Oil

FETTUCCINI ALFREDO 11.95

Fettuccini in a Light Cream Sauce with Fresh Thyme

PENNE ALA VODKA 11.95

Penne in a Creamy Pink Vodka Sauce

PIZZA

10" Pizza

PLAIN 11.95

PEPPERONI 12.95

BUFFALO CHICKEN 13.95

CHICKEN, BACON & RANCH 13.95

TRADITIONAL GREEK

PASTITSIO 20.95

Layers of Elbow Macaroni & Chopped Meat, topped with Bechamel Sauce, served with Greek Salad

MOUSSAKA (Your Choice of Meat or Vegetable) 21.95

topped with Bechamel Sauce, served with Greek Salad

SPANAKOPITA (Spinach Pie) 12.95

Chopped Spinach, Dill, Feta Cheese & Diced Scallions served with Greek Salad 18.95

CHICKEN KEBOB 25.95

with Peppers, Onions, Tomatoes & Mushrooms over Rice

CHICKEN SOUVLAKI PLATTER 19.95

with Greek Salad, Toasted Pita & French Fries

GYRO PLATTER 17.95

Sliced Beef or Chicken Gyro with Pita Bread, Greek Salad & French Fries

SLICED GYRO SANDWICH 12.95

(Beef or Chicken) served on Pita Bread with Lettuce, Tomato, Onion & Tzatziki Sauce on the Side

CHICKEN SOUVLAKI SANDWICH 13.95

served on Pita Bread with Lettuce, Tomato, Onion & Tzatziki Sauce on the Side

CHICKEN

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD

GRILLED LEMON CHICKEN 23.95

with Brown Rice & Baby Spinach

CHICKEN PARMIGIANA 24.95

*topped with Mozzarella Cheese & Marinara Sauce,
served with Choice of Pasta*

CHICKEN MARSALA 24.95

*Sautéed Chicken Breast with Mushrooms
& Marsala Sauce, served with Choice of Pasta*

CHICKEN FRANCAISE 24.95

*Sautéed Chicken Breast in a
Lemon Butter & White Wine Sauce,
served with Choice of Pasta*

CAJUN CHICKEN 20.95

*Sautéed Chicken Breast with Sundried Tomatoes,
Zucchini, Mushrooms & Shallots,
served with Choice of Pasta*

ENTREES

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE

ROAST TURKEY 26.95

All White Meat, Off the Bone with Stuffing & Turkey Gravy

MAMA'S MEATLOAF 25.95

with Brown Mushroom Gravy

HALF BROILED CHICKEN 26.95

Broiled to Perfection (Freshly Cooked, 30 Minute Wait)

OVEN BROWN HALF ROAST CHICKEN 25.95

with Homemade Apple Walnut Raisin Stuffing

SEAFOOD, STEAKS & CHOPS

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE

BROILED FILET of SALMON 28.95

FILET of SOLE (Broiled or Fried) 28.95

in a Light Virgin Olive Oil & Lemon Sauce

JUMBO FRIED SHRIMP 28.95

JUMBO SHRIMP SCAMPI 28.95

with Light Garlic Wine Sauce over Rice

N.Y. STRIP STEAK (16 oz) 33.95

with Mushrooms & Onion Rings

SKIRT STEAK 32.95

GRILLED LAMB CHOPS RACK *with Mint Jelly* 33.95

GRILLED PORK CHOPS (2) *with Applesauce* 26.95

CHOPPED STEAK 23.95

HOT OPEN SANDWICHES

SERVED WITH POTATO & VEGETABLE

YOUR CHOICE: 20.95

SLICED ROAST TURKEY

with White Turkey Gravy & Cranberry Sauce

SLICED ROAST BEEF

with Brown Gravy

CHILDREN'S MENU

FOR CHILDREN 10 YEARS OR YOUNGER • NOT AVAILABLE FOR TAKE-OUT • SERVED WITH JUICE OR MILK • ADD FRENCH FRIES \$4

HAMBURGER8.25

CHEESEBURGER9.00

GRILLED CHEESE7.95

PANCAKE (2)6.95

PASTA *with Tomato Sauce*9.95

CHICKEN FINGERS (3)8.65

BAKED MACARONI & CHEESE9.95

FRENCH TOAST (1)6.95

TWO SCRAMBLED EGGS *with Toast*6.95

MILK SHAKES

YOUR CHOICE: 7.95

VANILLA, CHOCOLATE or STRAWBERRY

BLACK & WHITE *Vanilla Ice Cream with Chocolate Syrup*

OREO *Vanilla Ice Cream with Lots of Oreo Cookies*

REESE'S PEANUT BUTTER CUP *Vanilla or Chocolate Ice Cream with Reese's Peanut Butter Cups*

TRADITIONAL CREAMSICLE *Orange Juice with Vanilla Ice Cream*

DESSERTS

GOURMET GELATO *Flavors Change Daily* 7.95

OUR HOMEMADE CHEESECAKE 6.95

OREO CHEESECAKE 7.95

SEVEN LAYER CAKE 6.95

CARROT CAKE 6.95

CHOCOLATE MOUSSE CAKE 6.95

FRUIT PIES 5.25

Ala Mode 8.25

LEMON MERINGUE PIE 6.95

CHOCOLATE BROWNIE 4.75

RICE PUDDING 4.25

CHOCOLATE CHUNK COOKIE 4.25

ICE CREAM 1 Scoop 4.75 • 2 Scoops 7.85
Vanilla, Chocolate or Strawberry

ICE CREAM SUNDAE 8.95
with Whipped Cream, Chocolate Syrup & Walnuts

CHOCOLATE BROWNIE ROYALE 8.95
Ice Cream, Whipped Cream, Walnuts & Caramel Sauce

BANANA BOWL 11.75
*Ice Cream, Banana & Chocolate Syrup
with Whipped Cream & Walnuts*

HOT DRINKS

HOT CHOCOLATE *with Whipped Cream* 4.75

COFFEE (*Regular or Decaf*) 2.50

TEA (*Regular or Decaf*) 2.50

HERBAL TEA *From Our Wide Selection* 2.95

CAFE LATTE 4.95

CAPPUCCINO 4.95

ESPRESSO 3.75

DOUBLE ESPRESSO 5.25

COLD DRINKS

MILK (*Regular or Skim*) 2.95

CHOCOLATE MILK 3.95

ICED COFFEE or ICED TEA (*Unsweetened*) 3.50

ICED CAPPUCCINO 4.95

MINERAL WATER 2.50

SAN PELLEGRINO / PERRIER 3.75

SNAPPLE 2.95

SOFT DRINKS (*Free Refills*) 3.25

*Coke, Diet Coke, 7-Up, Diet 7-Up, Ginger Ale, Root Beer
or Club Soda*

ICE CREAM SODA or ROOT BEER FLOAT 5.75

N.Y. EGG CREAM 3.75



Serving the Upper East Side Since 1931