



*Serving the Upper East Side  
Since 1931*

# EGGS & MEATS

SERVED WITH POTATOES OR GRITS & TOAST  
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA  
EXTRA EGG 1.25 EXTRA • ALL EGG WHITES 2.00 EXTRA  
GOAT CHEESE OR FETA CHEESE 1.25 EXTRA  
GUACAMOLE 2.00 EXTRA • SALSA 1.00 EXTRA

**TWO EGGS, Any Style** 9.25  
with Ham, Bacon, Sausage, Turkey Sausage,  
Turkey Bacon, Canadian Bacon or Taylor Ham 13.25

**CORNED BEEF HASH & EGGS** 14.95

**SKIRT STEAK & EGGS** 24.95

SUBSTITUTE  
GLUTEN FREE BREAD  
\$2.00 EXTRA

# SPECIALTIES

**IRISH BREAKFAST** 18.75

Two Eggs, Any Style, Irish Sausage, Irish Bacon,  
Black & White Pudding & Grilled Tomatoes,  
served with Potatoes or Grits & Toast

**HUNGRY MAN** 16.25

French Toast, Pancakes or Waffle with Ham, Bacon,  
Sausage & Two Eggs

**BREAKFAST BURRITO** 15.25

Scrambled Eggs, Ham, Onions, Peppers, Salsa & Pepper Jack Cheese,  
wrapped in a Flour Tortilla, served with Home Fries

**BREAKFAST WRAP** 15.25

Scrambled Eggs, Taylor Ham, Cheddar Cheese & Jalapeños,  
wrapped in a Flour Tortilla, served with Home Fries

**BREAKFAST TACOS** 13.95

Scrambled Eggs with Ham, Pepper Jack, Guacamole & Salsa

# HEALTHY START

SERVED WITH SLICED TOMATOES, STEAMED BROCCOLI  
OR FRESH FRUIT SALAD AND 7-GRAIN TOAST

**PLAIN EGG WHITE OMELETTE** 12.95

**PORTABELLA** 15.95

Egg Whites, Broccoli & Portabella Mushrooms

**ENERGY BREAKFAST** 16.95

Egg Whites, Grilled Chicken, Mushrooms, Tomatoes & Spinach

**ATHENIAN** 16.95

Egg Whites, Feta Cheese, Tomatoes, Spinach & Onions

**MEXICAN BURRITO** 16.95

Egg Whites, Avocado, Turkey Bacon & Jalapeños  
on Whole Wheat Tortilla, served with Fruit Salad or Broccoli  
with Pepper Jack Cheese 17.95

# OMELETTES

SERVED WITH POTATOES OR GRITS & TOAST  
ADD ANY CHEESE 1.00 EXTRA • ALL EGG WHITES 2.00 EXTRA  
ENGLISH MUFFIN OR ROLL OR BAGEL .75¢ EXTRA

**CHEESE OMELETTE** 13.25

Choice of American, Swiss, Cheddar, Mozzarella, Pepper Jack  
or Provolone Cheese

**HAM, BACON or SAUSAGE OMELETTE** 14.25

with Cheese 15.25

**CALIFORNIA OMELETTE** 16.95

Avocado, Mushrooms & Cheddar Cheese

**ITALIAN OMELETTE** 15.95

Sausage, Peppers, Onions, Pepperoni & Mozzarella Cheese

**VEGETARIAN OMELETTE** 15.95

Onions, Peppers, Tomatoes & Mushrooms

**MEXICAN OMELETTE** 15.95

Tomatoes, Onions, Jalapeños & Pepper Jack Cheese

**GREEK OMELETTE** 14.95

Feta Cheese & Tomatoes

**WESTERN OMELETTE** 15.95

Ham, Onions & Peppers

**NOVA LOX & ONION OMELETTE** 16.75

**AVOCADO, WHITE MEAT TURKEY**

& SWISS CHEESE OMELETTE 17.95

**SPINACH & FETA OMELETTE** 14.95

# BENEDICTS

SERVED WITH POTATOES OR GRITS

**CLASSIC** 13.95

Two Poached Eggs on an English Muffin with  
Canadian Bacon, topped with Hollandaise Sauce

**FLORENTINE** 14.95

Two Poached Eggs on an English Muffin with Canadian Bacon,  
Spinach & Feta Cheese, topped with Hollandaise Sauce

**AVOCADO** 16.75

Two Poached Eggs on an English Muffin with Canadian Bacon  
and Avocado, topped with Chipotle Hollandaise Sauce

**LOX** 17.50

Two Poached Eggs on an English Muffin with Lox,  
topped with Hollandaise Sauce

# PANCAKES

SINCE 1931, OUR BUTTERMILK BATTER IS MADE FRESH EACH MORNING • SERVED WITH BUTTER & SYRUP  
REAL MAPLE SYRUP 2.50 EXTRA • ADD TWO EGGS 2.50 EXTRA • ADD ANY BREAKFAST MEAT 4.00 EXTRA

**BUTTERMILK PANCAKES**  
or **SILVER DOLLAR PANCAKES** 9.95

**SHORT STACK of BUTTERMILKS** 7.95  
*For a Lighter Appetite*

**MULTI-GRAIN PANCAKES** 9.95

**CHOCOLATE CHIP PANCAKES** 13.95  
*Baked Chocolate Chips with  
Whipped Cream & Chocolate Sauce*

**OREO COOKIE PANCAKES** 15.50  
*Baked with Oreo Cookies inside & topped with Oreo Cookies,  
Vanilla Ice Cream, Chocolate Sauce & Whipped Cream*

**FRESH FRUIT PANCAKES** 14.95  
*Filled with Fresh Strawberries, Blueberries & Bananas,  
topped with Whipped Cream*

**STRAWBERRY, BLUEBERRY**  
or **BANANA PANCAKES** 13.50

**OATMEAL ALMOND PANCAKES** 11.95  
*with Sliced Almonds*  
add Bananas & Walnuts 3.00 extra

**CHUNKY MONKEY PANCAKES** 14.95  
*Filled with Chocolate Chips & Bananas,  
topped with Caramel Sauce & Whipped Cream*

**NUTELLA PANCAKES** 15.50  
*Topped with Fresh Bananas, Strawberries  
& Nutella Hazelnut Spread*

# BELGIAN WAFFLES

SERVED WITH BUTTER & SYRUP

**BELGIAN WAFFLE** 9.95  
*Sweet & Delicious Golden Original*

**FRESH FRUIT WAFFLE** 14.95  
*topped with Fresh Strawberries, Blueberries, Bananas  
& Whipped Cream*

**NUTELLA WAFFLE** 15.50  
*topped with Fresh Strawberries, Bananas & Nutella Hazelnut Spread*

**WAFFLE SUNDAE** 15.95  
*with Ice Cream, Walnuts, Caramel, Chocolate Syrup  
and Whipped Cream*

# FRENCH TOAST

FRESH BAKED CHALLAH BREAD DOUBLE DIPPED  
IN OUR HOMEMADE MILK & EGG BATTER

**CHALLAH FRENCH TOAST** 9.95  
*dusted with Powdered Sugar & Cinnamon*

**BANANA WALNUT** 14.50  
*with Fresh Banana, Walnuts & Whipped Cream*

**FRESH FRUIT FRENCH TOAST** 14.95  
*topped with Fresh Strawberries, Blueberries, Bananas  
& Whipped Cream*

# SANDWICHES

**TWO EGGS on a Roll** 5.25  
with Cheese 6.50

with Any Breakfast Meat 6.50  
with Cheese & Any Breakfast Meat 7.50

**TAYLOR HAM, EGG & CHEDDAR CHEESE** on a Croissant 7.95

**TURKEY, EGG & CHEESE** on a Croissant 7.95

**WESTERN EGG** on a Roll 6.45

**PEANUT BUTTER & JELLY SANDWICH** on 7 Grain Bread 5.25

# GK SMOOTHIES

YOUR CHOICE: 8.95

## BANANA BERRY

Banana, Strawberries, Blueberries,  
Greek Yogurt & Almond Milk

## TROPICANA

Banana, Blueberries, Strawberries & Orange Juice

## APPLE BERRY

Banana, Strawberries & Apple Juice

## GREEN TEA MATCHA

Green Tea Matcha, Chia Seeds, Banana, Pineapple & Almond Milk

## BLUEBERRY BLAST

Blueberries, Banana, Almond Butter,  
Chia Seeds & Almond Milk

## GREEN POWER

Spinach, Banana, Pineapple & Almond Milk

## PB PROTEIN

Peanut Butter, Banana, Cacao Nibs & Almond Milk

## ALMOND DELIGHT

Almond Butter, Banana, Sliced Almonds, Coconut & Almond Milk

# FRUITS & JUICES

FRESH FRUIT SALAD 7.95

FRESH BERRIES 7.95

CANTALOUPE 7.95  
with Cottage Cheese 9.95

FRESH LEMONADE 4.95

ORANGE JUICE Sm. 4.25 • Lg. 5.95

ASSORTED FRUIT JUICES Sm. 4.25 • Lg. 5.25

# PASTRIES

ASSORTED DANISH 3.45

JUMBO MUFFIN 2.95

POUND CAKE 3.45

ROLL or ENGLISH MUFFIN 2.95

TOAST 2.25

CROISSANT 3.25

# All Natural GREEK YOGURT

PLAIN GREEK YOGURT 7.95

with Granola 9.75

with Walnuts & Honey 11.95

GREEK YOGURT PARFAIT 13.95

Topped with Fresh Berries, Granola & Honey

OATMEAL 6.95

Raisins 1.00 Extra • Banana 1.25 Extra

Fresh Berries 2.75 Extra

# BAGELS

BAGEL 3.25

BAGEL with CREAM CHEESE 5.25

BAGEL with LOX 11.75

BAGEL, LOX & CREAM CHEESE 13.95

BAGEL DELUXE 16.95

with Nova Scotia Lox, Onion, Cream Cheese & Garnish

# SIDE ORDERS

BACON, HAM or SAUSAGE 6.95

CANADIAN BACON or TAYLOR HAM 6.95

TURKEY BACON or TURKEY SAUSAGE 6.95

CORNED BEEF HASH 7.95

HOME FRIES or GRITS 6.25

SIDE of LOX 10.25

# STARTERS

**CHICKEN FINGERS** 12.95

*with Honey Mustard*

**BUFFALO STYLE CHICKEN FINGERS** 13.95

*with Bleu Cheese*

**LOADED CHICKEN FINGERS** 14.95

*topped with Mozzarella Cheese & Brown Gravy*

*ADD FRENCH FRIES TO ANY ABOVE CHICKEN FINGERS \$4.00 EXTRA*

**BAKED MACARONI & CHEESE** 10.95

**ZUCCHINI STICKS** 10.95

*with Marinara Sauce*

**MOZZARELLA STICKS** 10.95

*with Marinara Sauce*

**LOADED BAKED POTATO** 11.75

*with Bacon & Cheddar Cheese or Broccoli & Cheddar Cheese*

**FRIED CALAMARI** 13.95

*with Marinara Sauce*

**TECHNO FRIES** 8.25

*French Fries topped with Brown Gravy*

*& American or Mozzarella Cheese*

**GUACAMOLE & CHIPS** 9.95

*Homemade Guacamole with Haas Avocado, Cilantro, Tomato, Lime & Red Onions, served with Tortilla Chips*

**BUFFALO WINGS** 13.95

*with Bleu Cheese Dip*

**NACHOS** 15.95

*Texas Style Chili, Cheddar Cheese, Jalapeños, Pico de Gallo, Sour Cream & Guacamole*

**HUMMUS** 11.95

*Ground Chick Peas & Roasted Red Peppers with Grilled Pita*

**GREEN KITCHEN COMBO** 18.95

*Combination of Chicken Fingers, Buffalo Wings & Mozzarella Sticks*

## SOUPS

**SOUP OF THE DAY** (*Rotates Daily*),

**MATZOH BALL, AVGOLEMONO or CHICKEN NOODLE** Cup \$4.25 • Bowl \$6.95

**ABOVE SOUPS TO-GO** Sm. \$5.75 • Lg. \$6.95

**FRENCH ONION SOUP** 6.95

*Baked with Cheese & Homemade Croutons*

**TEXAS BEEF CHILI** \$8.95

*(House Recipe)*

*served with Warm Tortilla Chips*

*served over Rice \$11.95*

## FLATBREADS

*SERVED WITH MIXED SALAD OR STEAMED BROCCOLI ON WHOLE WHEAT PITA*

**BUFFALO BLEU** 15.95

*Grilled Buffalo Chicken, Crumbled Bleu Cheese, Applewood Smoked Bacon & Diced Tomatoes*

**LEAN & MEAN** 15.95

*Turkey Burger, Turkey Bacon & Shredded Low Fat Mozzarella Cheese*

**GK** 15.95

*Lean Grilled Chicken, Portobello Mushrooms, Roasted Red Peppers & Low Fat Mozzarella Cheese*

**CHICKEN FLORENTINE** 15.95

*Grilled Chicken, Spinach, Artichokes & Tomatoes, topped with Melted Provolone Cheese*

## TRIPLE DECKERS

*SERVED WITH FRENCH FRIES, COLE SLAW & PICKLE*

**TURKEY** 17.25

*with Bacon, Lettuce & Tomato*

**TUNAFISH SALAD** 16.50

*with Hard Boiled Egg, Lettuce & Tomato*

**CHICKEN SALAD** 16.50

*with Bacon, Lettuce & Tomato*

**GRILLED CHICKEN CLUB** 16.95

*with Bacon, Lettuce & Tomato*

**AVOCADO CLUB** 17.95

*Grilled Chicken, Avocado & Turkey Bacon on 7-Grain Toast with Lettuce & Tomato, served with Steamed Broccoli*

# SPECIALTY WRAPS

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD • SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$2.00 EXTRA

## YOUR CHOICE: 16.95

### BUFFALO CHICKEN WRAP

*Breaded Chicken with Lettuce, Tomato, Cheddar Cheese & Bleu Cheese or Ranch Dressing*

### CHIPOTLE CHICKEN WRAP

*Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo*

### TEXAS TUNA MELT

*Tuna Salad, Pico de Gallo & Melted Shredded Jack & Cheddar Cheese*

### CAESAR WRAP

*Grilled Chicken with Crisp Romaine Lettuce, Pecorino Romano Cheese & Caesar Dressing*

### VEGGIE WRAP

*Avocado, Mushrooms, Alfalfa Sprouts, Zucchini, Tomato & Melted Shredded Jack & Cheddar Cheese*

### FRESH TURKEY WRAP

*with Bacon, Lettuce, Tomato & Russian Dressing*

### CALIFORNIA COBB WRAP

*Grilled Chicken, Avocado, Lettuce, Tomato & Bleu Cheese*

### MEXICAN WRAP

*Grilled Chicken, Tomatoes, Jalapeño Peppers, Onions, Salsa & Pepper Jack Cheese*

### GRECIAN WRAP

*Grilled Chicken, Feta Cheese, Lettuce, Tomato & Kalamata Olives*

### WALDORF WRAP

*Chicken Salad, Walnuts, Apples, Raisins & Lettuce*

### SANTA FE WHOLE WHEAT WRAP

*Lean Grilled BBQ Chicken Breast, Turkey Bacon & Low Fat Mozzarella Cheese, served with Mixed Greens or Steamed Broccoli*

# CLASSIC SANDWICHES

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

ALBACORE TUNAFISH SALAD (All White Meat) 10.25

CHICKEN SALAD (All White Meat) 9.75

B.L.T. Bacon, Romaine Lettuce & Tomato 8.50

B.L.T. & AVOCADO with Alfalfa Sprouts 11.75

ROASTED FRESH TURKEY (White Meat) 11.95

ROAST BEEF or CORNED BEEF 11.25

EGGPLANT PARMIGIANA on Hero Roll 11.95

BREADED CHICKEN PARMIGIANA on Hero Roll 12.95

MEATBALL PARMIGIANA (Beef or Turkey) on Hero Roll 12.95

MEATLOAF (Beef or Turkey) with Gravy 11.95

CRISPY FISH FILLET 14.95

*with Lettuce, Tomato & Tartar Sauce*

GREEN KITCHEN GRILLED CHEESE 9.95

*Grilled Challah Bread topped with Melted Mozzarella Cheese, Fresh Tomato & Basil*

CLASSIC GRILLED CHEESE 7.75

*American, Cheddar, Swiss, Pepper Jack or Mozzarella with Tomato 8.75*

*with Bacon or Ham 9.75*

*with Bacon or Ham, & Tomato 10.75*

TEXAS TOAST 11.95

*with Applewood Smoked Bacon, Pepper Jack Cheese & Avocado*



# GK BURGERS

SERVED ON A BRIOCHE BUN

## MAKE YOUR BURGER DELUXE

Served with French Fries, Lettuce, Tomato, Cole Slaw & Pickle \$4.50 Extra

Substitute Waffle Fries, Sweet Potato Fries or Onion Rings \$2.00 Extra

Substitute Turkey Burger \$1.50 Extra • Substitute Bison Burger \$3.00 Extra

**ADD-ONS:** Mushrooms \$1.25 Extra • Avocado \$3.50 Extra • Bacon \$2.00 Extra • Cheese \$1.25 Extra  
Salsa \$1.00 Extra • Guacamole \$2.00 Extra • Chipotle Mayo \$1.00 Extra

**HAMBURGER** 9.50

**VEGGIE BURGER** 10.95

**CHEESEBURGER** 10.75

**HOMEMADE TURKEY BURGER** 10.95

**BISON BURGER** 12.95

**HOMEMADE SALMON BURGER** 12.95

**GK BURGER** \$12.95

*topped with Applewood Smoked Bacon, Smoked Mozzarella Cheese & Fried Shoe String Onions*

**CHIPOTLE BURGER** 13.75

*with Lettuce, Tomato, Fried Onion, Guacamole & Chipotle Mayo*

**TIJUANA BURGER** 13.75

*with Bacon, Pepper Jack, Red Onions & Guacamole*

**TEXAS BBQ BURGER** 13.75

*Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese*

**PIZZA BURGER** 11.25

*with Mozzarella Cheese and Marinara Sauce*

**ALL AMERICAN BURGER** 16.95

*American Cheese, Bacon, Tomato & Fried Onions, served with French Fries*

**JALAPEÑO JACK BURGER** *with Jalapeño Peppers & Jalapeño Jack Cheese* 12.25

**MUSHROOM & SWISS BURGER** 12.25

**CALIFORNIA TURKEY BURGER** *Natural Turkey Burger, Cheddar, Avocado & Alfalfa Sprouts* 14.75

**THE OUTSIDER BURGER** *with Bacon, Crumbled Bleu Cheese & Avocado* 15.95

**CALIFORNIA SALMON BURGER** 15.95

*over Romaine Lettuce, topped with Red Onion & Avocado, served with Honey Mustard on the Side*

# GRILLED CHICKEN SANDWICHES

ALL NATURAL BLACK LABEL CHICKENS BREAST SERVED ON BRIOCHE BUN

## MAKE YOUR GRILLED CHICKEN SANDWICH DELUXE:

Served with French Fries, Lettuce, Tomato, Cole Slaw & Pickle \$4.50 Extra

**GRILLED CHICKEN** 11.75

*on a Bun with Lettuce & Tomato*

**CHICKEN DIJON** 14.65

*with Swiss Cheese, Grilled Onions & Dijon Mustard*

**BBQ CHICKEN** 14.65

*Topped with Spicy Barbecue Sauce, Fried Onions, Bacon & Cheddar Cheese*

**TIJUANA CHICKEN** 14.65

*with Bacon, Pepper Jack, Red Onions & Guacamole*

**THE OUTSIDER CHICKEN** 14.65

*with Bacon, Bleu Cheese & Avocado*

**JALAPEÑO & JACK CHICKEN** 14.65

*with Jalapeño Peppers & Jalapeño Jack Cheese*

# PANINIS

SERVED WITH FRENCH FRIES OR MIXED GREEN SALAD

SUBSTITUTE WAFFLE FRIES, SWEET POTATO FRIES OR ONION RINGS FOR FRENCH FRIES \$2.00 EXTRA

## YOUR CHOICE: 16.95

### CHIPOLTE CHICKEN PANINI

Grilled Chicken with Lettuce, Tomato, Fried Onions, Guacamole & Chipotle Mayo

### FRESH TURKEY PANINI

Turkey with Romaine Lettuce, Red Onions, Bacon, Swiss Cheese & Dijon Mustard

### FARMER'S PANINI

Grilled Zucchini, Mushrooms, Eggplant, Red Peppers and Goat Cheese

### ITALIAN PANINI

Prosciutto, Fresh Mozzarella, Tomato, Basil & Romaine Lettuce

### CHICKEN PARMIGIANA PANINI

Breaded Chicken with Basil, Marinara and Mozzarella Cheese

### EGGPLANT PARMIGIANA PANINI

Breaded Eggplant with Basil, Marinara and Mozzarella Cheese

### GREEN KITCHEN PANINI

Grilled Chicken, Roasted Red Peppers & Fresh Mozzarella

# QUESADILLAS

SERVED WITH CHOICE OF FRENCH FRIES OR MIXED GREEN SALAD

Grilled Flour Tortillas stuffed with Melted Cheeses, served with Fresh Pico de Gallo, Sour Cream, Salsa & Guacamole

CHEESE 13.95 • CHICKEN 16.95 • PHILLY STEAK 16.95 • VEGETARIAN QUESADILLA 15.95

### EL MEXICANA FAJITA 14.95

Grilled Chicken Breast, Sizzling Onions & Peppers with Low Fat Mozzarella Cheese, served with Mesclun Mixed Greens or Steamed Broccoli

# THE MELT SHOP

SERVED WITH COLE SLAW & PICKLE • ADD FRENCH FRIES 4.00 EXTRA

## YOUR CHOICE: 13.95

### REUBEN

Pastrami or Corned Beef on Rye with Sauerkraut & Melted Swiss Cheese

### TURKEY or GRILLED CHICKEN MELT

on Grilled Rye with Swiss Cheese

### TUNA MELT

on Grilled White Bread with Any Cheese

### PHILADELPHIA CHEESE STEAK

Sliced Beef on a Hero with Peppers, Onions and Melted Mozzarella

# SIDE ORDERS

### FRENCH FRIES 6.25

with Cheese \$1.25 Extra

### WAFFLE FRIES or SWEET POTATO FRIES 7.25

### BAKED POTATO with Sour Cream 5.95

### MASHED POTATOES (Homemade) 6.25

### STEAK CUT ONION RINGS 7.25

### COLE SLAW 5.75

### POTATO SALAD 5.75

### COTTAGE CHEESE 5.95

### DAILY FRESH VEGETABLES 7.25



# SALADS

**SALAD ADD-ONS:** Avocado 3.50 Extra • Grilled Chicken or Fresh Turkey 5.00 Extra • Steak 9.00 extra  
Grilled Shrimp (4) 9.00 extra • Grilled Salmon 12.00 Extra

**GRILLED CHICKEN 18.95**

*over Mixed Greens with Tomatoes, Cucumbers, Onions & Green Peppers*

**GK SALAD 17.95**

*Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing*

**STUFFED AVOCADO 17.95**

*with Tuna or Chicken Salad with Alfalfa Sprouts, Onions, Green Peppers and Garnish*

**CHEF'S SALAD 20.95**

*Roast Beef, Turkey, Ham, Swiss Cheese, Onions, Green Peppers, Tomatoes, Cucumbers, Hard Boiled Egg & Garnish*

**CAESAR SALAD 13.95**

**MEDITERRANEAN SALAD (Served Hot) 18.75**

*Grilled Carrots, Broccoli, Zucchini, Eggplant, Mushrooms, Red Peppers, Melted Fresh Mozzarella & Grape Leaves with Whole Wheat or Plain Toasted Pita*

**WALDORF SALAD 20.95**

*Homemade Chicken Salad or Grilled Chicken, Fresh Red & Green Apples, Walnuts, Raisins & Fresh Goat Cheese over a Bed of Mixed Greens*

**GARDEN DELIGHT SALAD 17.95**

*Avocado, Fresh Mushrooms, Onions, Green Peppers, Tomato & Garnish over Mixed Greens with Alfalfa Sprouts*

**FARMER'S GREEN SALAD 16.25**

*Shredded Romaine, Scallions, Feta, Dill, White Vinegar & Virgin Olive Oil*

**SALAD DRESSINGS:** Ranch • Bleu Cheese • Mustard Vinaigrette • Russian • Balsamic Vinaigrette  
Caesar • Honey Dijon • Oil & Vinegar • Low Fat Raspberry Vinaigrette

**FRESH MOZZARELLA \$13.95**

*with Tomatoes & Fresh Basil, sprinkled with Olive Oil & Balsamic Vinegar*

**COBB SALAD \$17.95**

*Avocado, Bacon, Hard Boiled Egg, Onions, Green Peppers, Tomato & Bleu Cheese over Mixed Greens*

**GREEK SALAD \$17.95**

*Feta Cheese, Lettuce, Tomato, Kalamata Olives, Cucumbers, Onions & Stuffed Grape Leaves over Mixed Greens with a Toasted Pita*

**SANTA FE BBQ RANCH SALAD \$21.95**

*Romaine & Mesclun Greens with Bacon, Avocado, Tomatoes, Onions, Green Peppers, Shredded Monterey Jack, Cheddar Cheese & Grilled BBQ Chicken, served with Ranch Dressing*

**STEAK SALAD \$26.95**

*Sliced Marinated Skirt Steak, Mixed Greens, Grilled Portobello Mushrooms, Avocado & Crumbled Bleu Cheese with Balsamic Vinaigrette Dressing*

**CLASSIC SALAD PLATTERS 17.25**

**Choice of Tunafish or Chicken Salad**

*on a Bed of Crisp Lettuce with Potato Salad, Cole Slaw, Cucumber, Tomatoes, Hard Boiled Egg & Garnish*

# SMALL SALADS

ADD CHICKEN \$3.00

**HOUSE SALAD 10.25**

*Mixed Greens, Tomatoes, Cucumbers, Onions, Peppers & Olives*

**CAESAR SALAD 10.25**

*Chopped Romaine Lettuce tossed in Creamy Caesar Dressing with Croutons & Parmesan Cheese*

**GK SALAD 12.95**

*Chopped Lettuce, Avocado, Goat Cheese, Tomato, Turkey Bacon & Onion with House Vinaigrette Dressing*

**GREEK SALAD 13.25**

*Romaine Lettuce, Feta Cheese, Tomatoes, Cucumbers, Red Onions, Black Olives & Vinaigrette Dressing*

**CLUB SALAD 12.95**

*Romaine, Avocado, Smoked Bacon, Pepper Jack Cheese & Tomatoes, served with Honey Dijon Dressing*

**CRANBERRY SALAD 13.75**

*Baby Spinach, Walnuts, Feta Cheese & Dried Cranberries, served with Raspberry Vinaigrette Dressing*

SUBSTITUTE  
GLUTEN FREE PENNE  
\$2.00 EXTRA

# PASTA

Choice of Spaghetti, Fettuccini, Penne or Rigatoni  
SERVED WITH CUP OF SOUP OR CAESAR OR MESCLUN MIXED GREEN SALAD

## PASTA ADD-ONS

Grilled Chicken 5.00 Extra • Grilled Shrimp (4) 9.00 extra • Grilled Salmon 12.00 Extra

### SPAGHETTI & MEATBALLS 18.95

(Choice of Beef or Turkey) with Marinara Sauce, Fresh Basil & Shaved Parmesan Cheese

### MEATBALLS PARMIGIANA 19.95

(Choice of Beef or Turkey Meatballs) topped with Low Fat Mozzarella & Pomodoro Sauce over Whole Wheat Penne

### EGGPLANT PARMIGIANA 19.95

served with Pasta

### PENNE ALA VODKA 18.95

Penne in a Creamy Pink Vodka Sauce

### CHICKEN & SPINACH with PENNE \$21.95

with Fresh Spinach, Tomatoes & Grated Parmesan Cheese

### POWER PASTA \$21.95

Whole Wheat Penne with Grilled Chicken, Fresh Spinach Roasted Red Peppers, Garlic & Olive Oil

### SPAGHETTI BOLOGNESE 21.95

Spaghetti in a Homemade Meat Sauce with Shaved Parmesan Cheese

### FETTUCCINI ALFREDO 18.95

Fettuccini in a Light Cream Sauce with Fresh Thyme

### CHEESE TORTELLINI 19.95

in Alfredo or Pomodoro Sauce

### RAVIOLI 19.95

Choice of Cheese or Spinach

### LOBSTER RAVIOLI 22.95

## SMALL PASTAS

Add Grilled Chicken 3.00 Extra

### PASTA MARINARA 11.25

Choice of Pasta with Marinara Sauce & Basil

### WHOLE WHEAT PENNE 11.95

with Garlic & Olive Oil

### FETTUCCINI ALFREDO 11.95

Fettuccini in a Light Cream Sauce with Fresh Thyme

### PENNE ALA VODKA 11.95

Penne in a Creamy Pink Vodka Sauce

## PIZZA

10" Pizza

PLAIN 11.95

PEPPERONI 12.95

BUFFALO CHICKEN 13.95

CHICKEN, BACON & RANCH 13.95

## TRADITIONAL GREEK

### PASTITSIO 20.95

Layers of Elbow Macaroni & Chopped Meat, topped with Bechamel Sauce, served with Greek Salad

### MOUSSAKA (Your Choice of Meat or Vegetable) 21.95

topped with Bechamel Sauce, served with Greek Salad

### SPANAKOPITA (Spinach Pie) 12.95

Chopped Spinach, Dill, Feta Cheese & Diced Scallions served with Greek Salad 18.95

### CHICKEN KEBOB 25.95

with Peppers, Onions, Tomatoes & Mushrooms over Rice

### CHICKEN SOUVLAKI PLATTER 19.95

with Greek Salad, Toasted Pita & French Fries

### GYRO PLATTER 17.95

Sliced Beef or Chicken Gyro with Pita Bread, Greek Salad & French Fries

### SLICED GYRO SANDWICH 12.95

(Beef or Chicken) served on Pita Bread with Lettuce, Tomato, Onion & Tzatziki Sauce on the Side

### CHICKEN SOUVLAKI SANDWICH 13.95

served on Pita Bread with Lettuce, Tomato, Onion & Tzatziki Sauce on the Side

# CHICKEN

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD

**GRILLED LEMON CHICKEN** 23.95

*with Brown Rice & Baby Spinach*

**CHICKEN PARMIGIANA** 24.95

*topped with Mozzarella Cheese & Marinara Sauce,  
served with Choice of Pasta*

**CHICKEN MARSALA** 24.95

*Sautéed Chicken Breast with Mushrooms  
& Marsala Sauce, served with Choice of Pasta*

**CHICKEN FRANCAISE** 24.95

*Sautéed Chicken Breast in a  
Lemon Butter & White Wine Sauce,  
served with Choice of Pasta*

**CAJUN CHICKEN** 20.95

*Sautéed Chicken Breast with Sundried Tomatoes,  
Zucchini, Mushrooms & Shallots,  
served with Choice of Pasta*

# ENTREES

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE

**ROAST TURKEY** 26.95

*All White Meat, Off the Bone with Stuffing & Turkey Gravy*

**MAMA'S MEATLOAF** 25.95

*with Brown Mushroom Gravy*

**HALF BROILED CHICKEN** 26.95

*Broiled to Perfection (Freshly Cooked, 30 Minute Wait)*

**OVEN BROWN HALF ROAST CHICKEN** 25.95

*with Homemade Apple Walnut Raisin Stuffing*

# SEAFOOD, STEAKS & CHOPS

SERVED WITH SOUP OF THE DAY OR CAESAR OR MESCLUN MIXED GREEN SALAD, POTATO & VEGETABLE

**BROILED FILET of SALMON** 28.95

**FILET of SOLE** (Broiled or Fried) 28.95

*in a Light Virgin Olive Oil & Lemon Sauce*

**JUMBO FRIED SHRIMP** 28.95

**JUMBO SHRIMP SCAMPI** 28.95

*with Light Garlic Wine Sauce over Rice*

**N.Y. STRIP STEAK** (16 oz) 33.95

*with Mushrooms & Onion Rings*

**SKIRT STEAK** 32.95

**GRILLED LAMB CHOPS RACK** *with Mint Jelly* 33.95

**GRILLED PORK CHOPS** (2) *with Applesauce* 26.95

**CHOPPED STEAK** 23.95

# HOT OPEN SANDWICHES

SERVED WITH POTATO & VEGETABLE

**YOUR CHOICE: 20.95**

**SLICED ROAST TURKEY**

*with White Turkey Gravy & Cranberry Sauce*

**SLICED ROAST BEEF**

*with Brown Gravy*

# CHILDREN'S MENU

**FOR CHILDREN 10 YEARS OR YOUNGER • NOT AVAILABLE FOR TAKE-OUT • SERVED WITH JUICE OR MILK • ADD FRENCH FRIES \$4**

HAMBURGER .....8.25

CHEESEBURGER .....9.00

GRILLED CHEESE .....7.95

PANCAKE (2) .....6.95

PASTA *with Tomato Sauce* .....9.95

CHICKEN FINGERS (3) .....8.65

BAKED MACARONI & CHEESE .....9.95

FRENCH TOAST (1) .....6.95

TWO SCRAMBLED EGGS *with Toast* .....6.95

# MILK SHAKES

## YOUR CHOICE: 7.95

VANILLA, CHOCOLATE or STRAWBERRY

BLACK & WHITE *Vanilla Ice Cream with Chocolate Syrup*

OREO *Vanilla Ice Cream with Lots of Oreo Cookies*

REESE'S PEANUT BUTTER CUP *Vanilla or Chocolate Ice Cream with Reese's Peanut Butter Cups*

TRADITIONAL CREAMSICLE *Orange Juice with Vanilla Ice Cream*

## DESSERTS

GOURMET GELATO *Flavors Change Daily* 7.95

OUR HOMEMADE CHEESECAKE 6.95

OREO CHEESECAKE 7.95

SEVEN LAYER CAKE 6.95

CARROT CAKE 6.95

CHOCOLATE MOUSSE CAKE 6.95

FRUIT PIES 5.25

Ala Mode 8.25

LEMON MERINGUE PIE 6.95

CHOCOLATE BROWNIE 4.75

RICE PUDDING 4.25

CHOCOLATE CHUNK COOKIE 4.25

ICE CREAM 1 Scoop 4.75 • 2 Scoops 7.85  
*Vanilla, Chocolate or Strawberry*

ICE CREAM SUNDAE 8.95  
*with Whipped Cream, Chocolate Syrup & Walnuts*

CHOCOLATE BROWNIE ROYALE 8.95  
*Ice Cream, Whipped Cream, Walnuts & Caramel Sauce*

BANANA BOWL 11.75  
*Ice Cream, Banana & Chocolate Syrup  
with Whipped Cream & Walnuts*

## HOT DRINKS

HOT CHOCOLATE *with Whipped Cream* 4.75

COFFEE (*Regular or Decaf*) 2.50

TEA (*Regular or Decaf*) 2.50

HERBAL TEA *From Our Wide Selection* 2.95

CAFE LATTE 4.95

CAPPUCCINO 4.95

ESPRESSO 3.75

DOUBLE ESPRESSO 5.25

## COLD DRINKS

MILK (*Regular or Skim*) 2.95

CHOCOLATE MILK 3.95

ICED COFFEE or ICED TEA (*Unsweetened*) 3.50

ICED CAPPUCCINO 4.95

MINERAL WATER 2.50

SAN PELLEGRINO / PERRIER 3.75

SNAPPLE 2.95

SOFT DRINKS (*Free Refills*) 3.25

*Coke, Diet Coke, 7-Up, Diet 7-Up, Ginger Ale, Root Beer  
or Club Soda*

ICE CREAM SODA or ROOT BEER FLOAT 5.75

N.Y. EGG CREAM 3.75



*Serving the Upper East Side Since 1931*